

JAMES FAMILY PRESCOTT YMCA

POOL SCHEDULE MARCH 2024

	SUN	MON	TUE	WED	THU	FRI	SAT
LAP SWIM (#)= # OF LANES OPEN	9:00A-11:00A (6)	5:00A-7:55A(6) 7:55A-8:55A(2)	5:00A-11:00A (6)	5:00A-7:55A(6) 7:55A-8:55A(2)	5:00A-11:00A (6)	5:00A-7:55A(6) 7:55A-8:55A(2)	(6)
	11:00A-3:30P (3)	8:55A-11:00A (6) 3:00P-7:00P(6)	3:00P-7:00P(6)	8:55A-11:00A (6) 3:00P-7:00P(6)	3:00P-7:00P(6)	8:55A-11:00A (6) 2:30P-6:00P(6)	10:00A-5:30P (3)
OPEN REC LAP POOL	11:00A-3:30P						10:00A-5:30P
OPEN REC ACTIVITY POOL	9:00A-3:30P SLIDE CLOSED 9-11A	8:30A-11:00A SLIDE CLOSED 8:30A-11:00A	8:30A-11:00A SLIDE CLOSED 8:30A-11:00A	8:30A-11:00A SLIDE CLOSED 8:30A-11:00A	8:30A-11:00A SLIDE CLOSED 8:30A-11:00A	8:30A-11:00A 2:30P-6:00P SLIDE CLOSED 8:30A-11:00A	8:00A-5:30P SLIDE CLOSED 8-10A
GROUP LESSONS					PRESCHOOL 11-11:30A		
WARM WATER EXERCISE		10:00A-11:00A PAM 9:00A-10:00A PAM	10:00A-11:00A SHERISSA 9:00A-10:00A SHERISSA	10:00A-11:00A PAM 9:00A-10:00A PAM	10:00A-11:00A SHERISSA 9:00A-10:00A SHERISSA	10:00A-11:00A SHERISSA 9:00A-10:00A SHERISSA	
SHALLOW WATER AEROBICS		7:55A-8:55A JAMIE		7:55A-8:55A Pam		7:55A-8:55A PAM	
DEEP WATER AEROBICS		10:00A-11:00A CHRISTIE 9:00A-10:00A CHRISTIE	9:00A-10:00A CHRISTIE	10:00A-11:00A CHRISTIE 9:00A-10:00A CHRISTIE	9:00A-10:00A CHRISTIE	10:00A-11:00A CHRISTIE 9:00A-10:00A CHRISTIE	

*POOL HOURS ARE SUBJECT TO CHANGE DUE TO LIFEGUARD AVAILABILITY * $UPDATED\ AS\ OF\ 3/1/24$

WE ARE HIRING LIFEGUARDS!

POOL REMINDERS

THE DIVING BOARD AND SLIDE WILL BE OPEN DURING AFTERNOON/WEEKEND OPEN REC SWIM ONLY.

MERMAID TAILS ARE NOT PERMITTED IN THE YMCA POOL. THIS IS DUE TO VARIOUS RISKS TO SWIMMERS AND GOES AGAINST OUR INSURANCE AND LIABILITY.

LAP SWIMMERS MAY BE ASKED TO SHARE LANES. WE ASK THAT YOU PLEASE

WE DO NOT LOAN OUT OUR POOL EQUIPMENT DURING OPEN REC UNLESS ENROLLED IN A SWIM LESSON, OR ACTIVELY SWIMMING IN A YMCA AQUA CLASS. YOU ARE WELCOME TO BRING YOUR OWN EQUIPMENT!

SWIM JACKETS/PUDDLE JUMPERS MUST BE U.S. COAST GUARD APPROVED. FAMILIES ARE WELCOME TO BORROW OUR LIFE VESTS WHILE SWIMMING. PLASTIC FLOATIES AND TUBES ARE NOT PERMITTED IN OUR POOL.