

**POOL SCHEDULE NOVEMBER 2023**

	SUN	MON	TUE	WED	THU	FRI	SAT
<b>LAP SWIM</b> (#) = # OF LANES OPEN	9:00A-11:00A (6) 11:00A-3:30P (3)	5:00A-7:55A (6) 7:55A-8:55A (2) 8:55A-11:00A (6) 3:00P-7:00P (6)	5:00A-11:00A (6) 3:00P-7:00P (6)	5:00A-7:55A (6) 7:55A-8:55A (2) 8:55A-11:00A (6) 3:00P-7:00P (6)	5:00A-11:00A (6) 3:00P-7:00P (6)	5:00A-7:55A (6) 7:55A-8:55A (2) 8:55A-11:00A (6) 2:30P-6:00P (6)	8:00A-9:45A (6) 10:00A-5:30P (3)
<b>OPEN REC LAP POOL</b>	11:00A-3:30P						10:00A-5:30P
<b>OPEN REC ACTIVITY POOL</b>	9:00A-3:30P	8:30A-11:00A SLIDE CLOSED 8:30A-11:00A	8:30A-11:00A SLIDE CLOSED 8:30A-11:00A	8:30A-11:00A SLIDE CLOSED 8:30A-11:00A	8:30A-11:00A SLIDE CLOSED 8:30A-11:00A	8:30A-11:00A 2:30P-6:00P SLIDE CLOSED 8:30A-11:00A	8:00A-5:30P SLIDE CLOSED 9-10A
<b>GROUP LESSONS</b>					<b>PRESCHOOL</b> 11-11:30A		
<b>WARM WATER EXERCISE</b>		10:00A-11:00A PAM 9:00A-10:00A PAM	10:00A-11:00A PAM	10:00A-11:00A PAM 9:00A-10:00A PAM	10:00A-11:00A PAM	10:00A-11:00A TERI 9:00A-10:00A TERI	
<b>SHALLOW WATER AEROBICS</b>		7:55A-8:55A PAM		7:55A-8:55A JAMIE		7:55A-8:55A JAMIE	
<b>DEEP WATER AEROBICS</b>		10:00A-11:00A CHRISTIE 9:00A-10:00A CHRISTIE	10:00A-11:00A CHRISTIE	10:00A-11:00A CHRISTIE 9:00A-10:00A CHRISTIE	10:00A-11:00A CHRISTIE	10:00A-11:00A CHRISTIE 9:00A-10:00A CHRISTIE	

**\* POOL HOURS ARE SUBJECT TO CHANGE DUE TO LIFEGUARD AVAILABILITY \***

**WE ARE HIRING LIFEGUARDS!**

**POOL CLOSURES**

WED, NOV 1ST: LAP POOL CLOSED 6-7PM  
 SAT, NOV 4TH: ALL POOLS CLOSED ALL DAY  
 MON, NOV 6TH: LAP POOL CLOSED 4-7  
 SAT, NOV 11TH: ALL POOLS CLOSED ALL DAY  
 SAT, NOV 18TH: ALL POOLS CLOSE AT 12:30PM  
 TUE, NOV 21ST: LAP POOL CLOSED 5-7PM  
 WED, NOV 22ND: LAP POOL CLOSED 5-7PM  
 THU, NOV 23RD: CLOSED THANKSGIVING  
 FRI, NOV 24TH: ACTIVITY POOL CLOSED 8:30-11AM  
 SAT, NOV 25: CLOSE AT 12:30PM

**PHS SWIM TEAM WILL BE USING LAP POOL & DIVE WELL FROM 4-6PM NOV 1ST & 2ND**



**POOL REMINDERS**

THE SLIDE/DIVING BOARD WILL BE OPEN DURING AFTERNOON OPEN REC SWIM ONLY.  
 MERMAID TAILS ARE NOT PERMITTED IN THE YMCA POOL. THIS IS DUE TO VARIOUS RISKS TO SWIMMERS AND GOES AGAINST OUR INSURANCE AND LIABILITY.  
 LAP SWIMMERS MAY BE ASKED TO SHARE LANES. WE ASK THAT YOU PLEASE BE COURTEOUS AND ACCOMMODATE WHEN THERE IS ROOM.  
 WE DO NOT LOAN OUT OUR POOL EQUIPMENT DURING OPEN REC UNLESS ENROLLED IN A SWIM LESSON, OR ACTIVELY SWIMMING IN A YMCA AQUA CLASS. YOU ARE WELCOME TO BRING YOUR OWN EQUIPMENT!  
 SWIM JACKETS/PUDDLE JUMPERS MUST BE U.S. COAST GUARD APPROVED. FAMILIES ARE WELCOME TO BORROW OUR LIFE VESTS WHILE SWIMMING. PLASTIC FLOATIES AND TUBES ARE NOT PERMITTED IN OUR POOL.