



# Swim Lesson Schedule Spring 2022

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Swim Starters		Swim Basics			Swim Strokes		Stage 6
<p><b>COMBINED STAGE A/B</b> Parents accompany children in this stage, which introduces infants and toddlers to the aquatic environment through exploration and encourages them to enjoy themselves while learning about the water. Parents work with their children to explore body positions, floating, blowing bubbles, and fundamental safety skills.</p>		Increases comfort with Underwater exploration and introduces basic self-rescue skills performed with assistance.	Encourages forward movement in water and basic self-rescue skills performed independently.	Develops intermediate self-rescue skills performed at longer distances than in previous stages.	Introduces basic stroke technique in front crawl and reinforces water safety through treading water and elementary backstroke.	Introduces breaststroke and butterfly and reinforces water safety through treading water and sidestroke.	Refines stroke technique on all major competitive strokes and encourages swimming as part of a healthy lifestyle.
		<b>Monday and Wednesday</b>			<b>Monday and Wednesday</b>		
<b>Saturdays</b>		5:00p-5:30p	5:00p-5:30p	5:00p-5:30p	5:00p-5:30p	5:00p-5:45p	5:00p-6:00p
9:00a-9:30a		5:40p-6:10p	5:40p-6:10p	5:40p-6:10p	5:40p-6:10p	5:55p-6:40p	6:00p-7:00p
9:30a-10:00a		6:20p-6:50p	6:20p-6:50p	6:20p-6:50p	6:20p-6:50p		
April 9-30th		April 4-27th			Stages 5/6 combined MAY 2022		
May 7-28th		May 9-June 6 <b>**No Class Memorial Day (May 30th)**</b>			May 9-June 1 <b>**No Class Memorial Day (May 30th)**</b>		
<p><b>Swim Starters Cost:</b> <b>Member: \$25</b> <b>Community: \$45</b> <b>**New rates beginning May 2022</b></p>		<p>APRIL 2022 Registration for Members begins on the 15th of the month prior. Community registration begins on the 20th of the month prior. Future Programs will have open registration on the 10th of the month prior for Members and 15th for Community registration.</p>			<p><b>Swim Basics and Swim Strokes Cost:</b> <b>Members: \$45 Community: \$85</b> <b>Stage 6 Cost: Members: \$50 Community: \$90</b> *Prices prorated for shorter session *New rates beginning May 2022</p>		



# Swim Assessments

## INFORMATION TO BE SUCCESSFUL

FOR YOUTH DEVELOPMENT®  
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### Saturdays 10:45a-11:00a

Don't know where to place your child?  
Come to a FREE swim skills assessment date.  
Find out which stage to register your child for!  
Class space is limited, take a swim assessment early  
so you may register for the correct level.

### When you arrive...

Please check in with the Welcome Center Desk with your membership ID card or by signing in on the class roster.

### Where can I watch my child?

Parents may be on the pool deck. We ask you to stand back from class so the instructors may have the full attention of your child.

### We cannot attend class-- Can we schedule a make-up? Or attend a different class time?

The James Family Prescott YMCA does not offer make up classes due to personal absences. We will not allow children to attend a different class time to keep within the instructor to participant ratio.

### What happens if the pool closes?

Our staff will notify parents as soon as an issue arises and we will, to the best of our ability, schedule a makeup class.

### DATES

March 19th

March 26th

April 2nd

April 9th

April 16th

April 23rd

April 30th

May 2nd

**More Questions?** Contact: Austin Olsen  
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