



# James Family Prescott YMCA Preschool Activity Schedule January - May 2019

**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## Room 2, Room 3 & Room 5

| <b>Monday</b>  | <b>Tuesday</b>   | <b>Wednesday</b>   | <b>Thursday</b>  | <b>Friday</b>   |
|--|--|--|--|---|
| 6:30-7:30<br>Free Play<br>(Rm 1)   | 6:30-7:30<br>Free Play<br>(Rm 1)   | 6:30-7:30<br>Free Play<br>(Rm 1)   | 6:30-7:30<br>Free Play<br>(Rm 1)   | 6:30-7:30<br>Free Play<br>(Rm 1)  |
| 7:30-7:35<br>Transition to<br>Classroom<br>7:35-8:30<br>Free Play  | 7:30-7:35<br>Transition to<br>Classroom<br>7:35-8:35<br>Free Play  | 7:30-7:35<br>Transition to<br>Classroom<br>7:35-8:35<br>Free Play  | 7:30-7:35<br>Transition to<br>Classroom<br>7:35-8:35<br>Free Play  | 7:30-7:35<br>Transition to<br>Classroom<br>7:35-8:35<br>Free Play   |
| 8:30-9:00<br>Bathroom<br>Wash hands/Snack<br>9:00-9:30<br>Playground                                       | 8:35-9:00<br>Bathroom<br>Wash hands/Snack<br>9:00-9:30<br>Playground                                       | 8:35-9:00<br>Bathroom<br>Wash hands/Snack<br>9:00-9:30<br>Playground                                       | 8:35-9:00<br>Bathroom<br>Wash hands/Snack<br>9:00-9:30<br>Playground                                       | 8:35-9:00<br>Bathroom<br>Wash hands/Snack<br>9:00-9:30<br>Playground  |
| 9:30-9:35<br>Bathroom<br>9:35-9:45<br>Circle Time<br>9:45-10:45<br>Open Choice<br>Themed Center Activities | 9:30-9:35<br>Bathroom<br>9:35-9:45<br>Circle Time<br>9:45-10:45<br>Open Choice<br>Themed Center Activities | 9:30-9:35<br>Bathroom<br>9:35-9:45<br>Circle Time<br>9:45-10:45<br>Open Choice<br>Themed Center Activities | 9:30-9:35<br>Bathroom<br>9:35-9:45<br>Circle Time<br>9:45-10:45<br>Open Choice<br>Themed Center Activities | 9:30-9:35<br>Bathroom<br>9:35-10:15<br>Circle Time/Open Choice<br>10:15-10:30<br>Bathroom/Wash Hands<br>10:30-10:45<br>Transition |
| 10:45-11:15<br>Playground  | 10:45-11:15<br>Playground  | 10:45-11:15<br>Playground  | 10:45-11:15<br>Playground  | 10:45-11:45<br><b>Gymnastics</b>  |
| 11:15-11:30<br>Bathroom<br>Wash Hands/Lunch  | 11:15-11:30<br>Bathroom<br>Wash Hands/Lunch  | 11:15-11:30<br>Bathroom<br>Wash Hands/Lunch  | 11:15-11:30<br>Bathroom<br>Wash Hands/Lunch  | 11:45-12:15<br>Bathroom<br>Wash Hands/Lunch   |
| 11:30-12:00<br>Bathroom<br>Wash hands  | 11:30-12:00<br>Bathroom<br>Wash hands  | 11:30-12:00<br>Bathroom<br>Wash hands  | 11:30-12:00<br>Bathroom<br>Wash hands  | 12:15-12:30<br>Bathroom<br>Wash hands   |
| 12:00-2:15<br>Nap Time   | 12:00-2:00<br>Nap Time   | 12:00-2:00<br>Nap Time   | 12:00-2:00<br>Nap Time   | 12:30-2:30<br>Nap Time  |
| 2:15-2:30<br>Bathroom  | 2:00-2:15<br>Bathroom  | 2:00-2:15<br>Bathroom  | 2:00-2:15<br>Bathroom  | 2:30-2:45<br>Bathroom   |
| 2:30-3:00<br>Snack   | 2:15-2:45<br>Snack   | 2:15-2:45<br>Snack   | 2:15-2:45<br>Snack   | 2:45-3:15<br>Snack  |
| 3:00-4:00<br><b>Gymnasium</b>  | 2:45-3:45<br><b>Swimming</b>   | 2:45-3:15<br>Free Play   | 2:45-3:45<br><b>Swimming</b>   | 3:15-3:45<br>Music and Movement   |
| 4:00-4:15<br>Bathroom<br>Wash hands  | 3:45-4:15<br>Open Choice theme<br>activities   | 3:15-3:45<br><b>Lindquist Park</b>   | 3:45-4:15<br>Open Choice theme<br>activities   | 3:45-4:15<br>Open Choice theme<br>activities  |
| 4:15-5:00<br>Playground  | 4:15-5:00<br>Playground  | 3:45-4:00<br>Bathroom/Wash hands<br>4:00-5:00<br>Playground  | 4:15-5:00<br>Playground  | 4:15-5:00<br>Playground   |
| 5:00-5:15<br>Bathroom<br>5:15-6:00<br>Free play  | 5:00-5:15<br>Bathroom<br>5:15-6:00<br>Free play  | 5:00-5:15<br>Bathroom<br>5:15-6:00<br>Free play  | 5:00-5:15<br>Bathroom<br>5:15-6:00<br>Free play  | 5:00-5:15<br>Bathroom<br>5:15-6:00<br>Free play   |

**Arrival time should be no later than 9:00am, to ensure participation in activities.**

**The Y: We're for youth development, healthy living and social responsibility.**

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