

JANUARY SCHEDULE (SEE SIDE BAR FOR CLOSURES)

GYMNASIUM--- SEE BACK SIDE FOR GYM RULES

SPECIAL THANKS TO FOOTHILLS BANK. MAJOR SPONSOR OF OUR 2019 YBL

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Open Gym: Shoot Hoops, Walk, Jog, Stretch, etc. (no side or half court games)</p> <p>Adult Basketball: Adult full or half court games</p> <p>Pickleball: This game is for 2-4 players and uses a net and paddles (similar to tennis).</p> <p>Preschool/Afterschool: Scheduled exercise & activity time for our YMCA Child Care Programs.</p> <p>Boot Camp & Mommy N Me: Fitness classes (for more details see monthly fitness schedule)</p> <p>GYM CLOSURES:</p> <p>**JAN 1st** YMCA CLOSED NEW YEAR'S DAY</p> <p>**JAN 2-4th** 1/2 Gym Closed 2:00-3:30pm Childcare Gym Time</p> <p>**JAN 5th** Gym Closed 7am-2pm YBL Opening Ceremonies</p> <p>**JAN 8th** City League Basketball Begins</p> <p>**JAN 12th** GYM CLOSED 7:30am-4:30pm YBL Games</p> <p>**JAN 19th** GYM CLOSED 7:30am-7:00pm YBL Games</p> <p>**JAN 26th** GYM CLOSED 7:30am-4:30pm</p>		5:00-7:00 Adult Basketball	5:00-7:30 Adult Basketball	5:00-7:00 Adult Basketball	5:00-7:30 Adult Basketball	5:00-7:00 Adult Basketball	6:00-7:30 1/2 Adult Basketball 1/2 Open Gym
	9:00-9:30 1/2 Open Gym 1/2 Pick Up Games	7:00-10:00 Pickleball	7:30-9:30 Pickleball	7:00-10:00 Pickleball 9:30-10:50 Pball Lessons (3 rd Wed) Pball Clinic (4 th Wed)	7:30-9:30 Pickleball	7:00-8:30 Pickleball 8:30-10:00 BOOT CAMP	7:30-4:30 Youth Basketball Games (YBL) Starts 1/5 (Check side bar for exact days & times)
	9:30-10:15 1/2 Open Gym 1/2 Pickup games	10:00-10:50 1/2 Open Gym 1/2 Pickleball	9:30-10:30 1/2 Mommy/Me 1/2 Pickleball	10:00-10:50 Open Gym (if no pickleball lessons or clinic) 1/2 Pickleball	9:30-10:30 1/2 Mommy/Me 1/2 Pickleball	10:00-10:50 1/2 Open Gym 1/2 Pick Up Games	4:00-7:00 Youth Basketball Games (YBL) (if Nec)
	10:15-11:00 1/2 Open Gym 1/2 Pick Up Games	11:00-12:00 Stretch N Flex Fitness Class	10:30-12:00 1/2 Open Gym 1/2 PickUp Gms	11:00-12:00 Stretch N Flex Fitness Class	10:30-12:00 1/2 Open Gym 1/2 PickUp Gms	11:00-12:00 Stretch N Flex Fitness Class	7:00-8:00 1/2 Open Gym 1/2 Pick Up Games.
	11:00-2:00 1/2 Pickup games 1/2 open gym	12:00-2:15 1/2 Open Gym 1/2 Pick Up Games	12:00-2:30 1/2 Open Gym 1/2 Pick Up Games	12:00-2:30 1/2 Open Gym 1/2 Pick Up Games	12:00-2:30 1/2 Open Gym 1/2 Pick Up Games	12:00-2:00 Adult Basketball	*PLEASE CHECK SIDE BAR FOR GYM CLOSURES.
	2:00-3:30 1/2 Open Gym 1/2 Pickleball	2:15-3:50 1/2 Open Gym 1/2 Afterschool & Childcare Activities	2:30-4:00 1/2 Open Gym 1/2 Pickup Games	2:30-4:00 1/2 Open Gym 1/2 Pickup Games	2:30-4:00 1/2 Open Gym 1/2 Pickup Games	2:00-4:00 1/2 Open Gym 1/2 Pickup Games	*Beginner Pickleball Lessons Every 3 rd Wed of the Month*
	3:30-4:00 1/2 Open Gym 1/2 Pickup games	4:00-5:00 1/2 Open Gym 1/2 PickUp Games 5:00-7:00 1/2 Open Gym 1/2 YBL Practices	4:00-5:00 1/2 Open Gym 1/2 YBL Practices 5:00-6:00 YBL Practices	4:00-5:00 1/2 Open Gym 1/2 YBL Practices 5:00-6:00 YBL Practices	4:00-6:00 1/2 YBL Practices 1/2 Pickup Games	4:00-8:00 1/2 Open Gym 1/2 YBL Practice	*Preregistration Required for pickleball lessons (by preceding Wed)*
	4:00-5:00 1/2 Open Gym 1/2 Pick up Games	7:00-10:00 1/2 Open Gym 1/2 Pick Up Games	6:00-9:30 City League Basketball	6:00-9:30 City League Basketball	6:00-10:00 City League Basketball	8:00-10:00 1/2 Open Gym 1/2 Pick Up games	
	5:00-6:00 1/2 Open Gym 1/2 Pick Up Games	10:00-11:00 1/2 Open Gym 1/2 Pickup Games	9:30-11:00 1/2 Open Gym 1/2 Pickup Games	9:30-11:00 1/2 Open Gym 1/2 Pickup Games	10:00-11:00 1/2 Open Gym 1/2 Pickup Games	10:00-11:00 1/2 Open Gym 1/2 Pickup games	