

# APRIL SCHEDULE (SEE SIDE BAR FOR CLOSURES)

## GYMNASIUM--- SEE BACK SIDE FOR GYM RULES

**\*SPECIAL THANKS TO FOOTHILLS BANK. MAJOR SPONSOR OF OUR 2019 YBL & YVL\***

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>Open Gym:</b> Shoot Hoops, Walk, Jog, Stretch, etc. (no side or half court games)</p> <p><b>Adult Basketball:</b> Adult full or half court games</p> <p><b>Pickleball:</b> This game is for 2-4 players and uses a net and paddles (similar to tennis).</p> <p><b>Preschool/Afterschool:</b> Scheduled exercise &amp; activity time for our YMCA Child Care Programs.</p> <p><b>Boot Camp &amp; Mommy N Me:</b> Fitness classes (for more details see monthly fitness schedule)</p> <p><b>GYM CLOSURES:</b>  <b>**APRIL 6<sup>th</sup>**</b>                      Gym Closed                      8:00am-3:30pm                      Youth Volleyball Games</p> <p><b>1/2 Gym Opens @ 1:30pm</b>  <b>**APRIL 12<sup>th</sup>**</b>                      1/2 Gym Closed                      4:30pm-8:30pm                      Youth Volleyball Games</p> <p><b>**APRIL 13<sup>th</sup>**</b>                      Gym Closed                      8:30am-3:30pm                      Yth Volleyball Games, Healthy Kids Day &amp; Open House</p> <p><b>**APRIL 19<sup>th</sup>**</b>                      1/2 Gym Closed                      2:30pm-4:30pm                      Childcare Gym Time</p> <p><b>**APRIL 19<sup>th</sup>**</b>                      1/2 Gym Closed                      4:30pm-9:30pm                      Youth Volleyball Games</p> <p><b>**APRIL 20<sup>th</sup>**</b>                      1/2 Gym Closed                      8:30am-3:30pm                      Youth Volleyball Games</p> <p><b>**APRIL 21<sup>st</sup>**</b>  <b>YMCA CLOSED FOR EASTER</b></p> <p><b>**APRIL 22<sup>nd</sup>**</b>                      1/2 Gym Closed                      2:30pm-3:50pm                      Childcare Gym Time</p> <p><b>**APRIL 24<sup>th</sup>**</b>                      Gym Closed                      9:30am-10:50am                      Advanced Pickleball Clinic</p> <p><b>**APRIL 26<sup>th</sup>**</b>                      1/2 Gym Closed                      4:30pm-8:30pm                      Youth Volleyball Games</p> <p><b>**APRIL 27<sup>th</sup>**</b>                      1/2 Gym Closed                      8:30am-3:30pm                      Youth Volleyball Games</p>		5:00-7:00 Adult Basketball	5:00-7:30 Adult Basketball	5:00-7:00 Adult Basketball	5:00-7:30 Adult Basketball	5:00-7:00 Adult Basketball	6:00-7:30 1/2 Adult Basketball 1/2 Open Gym	
	9:00-9:30 1/2 Open Gym 1/2 Pick Up Games	7:00-10:00 Pickleball	7:30-9:30 Pickleball	7:00-10:00 Pickleball	7:30-9:30 Pickleball	7:00-8:30 Pickleball	7:00-8:30 Pickleball	7:30-4:30 <b>Youth Volleyball Games (YVL)</b> (Check side bar for exact days & times)
	9:30-10:15 1/2 Open Gym 1/2 Pickup games	10:00-10:50 1/2 Open Gym 1/2 Pickleball	9:30-10:30 1/2 Mommy/Me 1/2 Pickleball	10:00-10:50 Open Gym (if no pickleball lessons or clinic) 1/2 Pickleball	9:30-10:30 1/2 Mommy/Me 1/2 Pickleball	10:00-10:50 1/2 Open Gym 1/2 Pick Up Games	10:00-10:50 1/2 Open Gym 1/2 Pick Up Games	4:30-7:00 1/2 Open Gym 1/2 Pick Up Games
	10:15-11:00 1/2 Open Gym 1/2 Pick Up Games	11:00-12:00 Stretch N Flex Fitness Class	10:30-12:00 1/2 Open Gym 1/2 Pickup Games	11:00-12:00 Stretch N Flex Fitness Class	10:30-12:00 1/2 Open Gym 1/2 Pickup Games	11:00-12:00 Stretch N Flex Fitness Class	11:00-12:00 Stretch N Flex Fitness Class	7:00-8:00 1/2 Open Gym 1/2 Pick Up Games.
	11:00-2:00 1/2 Pickup games 1/2 open gym	12:00-3:00 1/2 Open Gym 1/2 Pick Up Games	12:00-2:30 1/2 Open Gym 1/2 Pick Up Games	12:00-3:00 1/2 Open Gym 1/2 Pick Up Games	12:00-3:00 1/2 Open Gym 1/2 Pick Up Games	12:00-2:30 1/2 Open Gym 1/2 Pick Up Games	12:00-2:00 <b>Adult Basketball</b>	*PLEASE CHECK SIDE BAR FOR GYM CLOSURES
	2:00-3:30 1/2 Open Gym 1/2 Pickleball	3:00-3:50 1/2 Open Gym 1/2 Afterschool & Childcare Activities	2:30-4:00 1/2 Open Gym 1/2 Pickup Games	3:00-3:50 1/2 Open Gym 1/2 Afterschool & Childcare Activities	2:30-4:00 1/2 Open Gym 1/2 Pickup Games	2:00-4:00 1/2 Open Gym 1/2 Pickup Games	2:00-4:00 1/2 Open Gym 1/2 Pickup Games	*Beginner Pickleball Lessons Every 3 <sup>rd</sup> Wed of the Month*
	3:30-4:00 1/2 Open Gym 1/2 Pickup games	4:00-5:00 1/2 Open Gym 1/2 Yth Vball Practices 5:00-6:00 Yth Vball Practices	4:00-5:00 1/2 Open Gym 1/2 Yth Vball Practices 5:00-6:00 Yth Vball Practices	4:00-5:00 1/2 Open Gym 1/2 Yth Vball Practices 5:00-6:00 Yth Vball Practices	4:00-5:00 1/2 Open Gym 1/2 Yth Vball Practices 5:00-6:00 Yth Vball Practices	4:00-5:00 1/2 Open Gym 1/2 Pickup Games 5:00-7:00 Yth Vball Practices	4:00-9:30 1/2 Open Gym 1/2 Youth Vball Games (Check side bar for exact days & times)	*Preregistrati on Required for pickleball lessons (by preceding Wed)*
	4:00-5:00 1/2 Open Gym 1/2 Pickup Games	6:00-8:00 1/2 Yth. Vball Practice 1/2 City Lg Vball 8:00-10:00 1/2 Open Gym 1/2 City Lg Vball	6:00-8:00 1/2 Yth Vball Practice 1/2 City Lg Vball 8:00-10:00 1/2 Open Gym 1/2 City Lg Vball	6:00-9:00 City Lg Vball 9:00-10:00 1/2 Open Gym 1/2 City Lg Vball	7:00-10:00 City League Volleyball	9:30-10:00 1/2 Open Gym 1/2 Pick Up games	9:30-10:00 1/2 Open Gym 1/2 Pick Up games	*Preregistrati on is required for Advanced pickleball clinic
	5:00-6:00 1/2 Open Gym 1/2 Pick Up Games	10:00-11:00 1/2 Open Gym 1/2 Pickup Games	10:00-11:00 1/2 Open Gym 1/2 Pickup Games	10:00-11:00 1/2 Open Gym 1/2 Pickup Games	10:00-11:00 1/2 Open Gym 1/2 Pickup Games	10:00-11:00 1/2 Open Gym 1/2 Pickup Games	10:00-11:00 1/2 Open Gym 1/2 Pickup games	