



JAMES FAMILY PRESCOTT YMCA 2022 YOUTH BASKETBALL LEAGUE PARTICIPANT PACKET

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

*DON'T FORGET ABOUT THE
ANNUAL TURKEY SHOOT FREE-
THROW & 3-POINT CONTEST:
FRIDAY, NOV. 19 @6pm*



SPONSORED BY:

YMCA MISSION

Our mission is to put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

LEAGUE MISSION

This league exists for the youth of our community, providing them with the opportunity to experience and develop basketball skills. The primary objective of the YMCA is to develop people, not professional athletes. Our Volunteer Coaches are dedicated to developing youth and will emphasize the values of caring, honesty, respect and responsibility.

PLAYER PLEDGE

I pledge win or lose, before God, to play my best, to play fair, to be a good sport, to listen to my coach, to help when asked, to be honest, to be caring, to take responsibility, and to be respectful to all.

YMCA Team Sports Sponsorship

Sponsorships are available for many of our youth sports programs.

Team Sponsor: Your company name on the back of an entire team's jersey and more. This is a great way to advertise your company and again show your support for area youth and sports. Please contact the YMCA Sports Dept. for more details about this opportunity. You also get a free entry into our YBL Opening Day Business Expo (contact the Sports Department for more details)!!

ACKNOWLEDGMENT OF RISK FORM

A form is to be filled out by the player's parent or guardian and given to the coach to keep for the season.

REFEREES

A referee's duties are to facilitate the game by giving each team equal opportunities within the limits of the rules of the game. Please cooperate with the referees in creating and maintaining an environment in which participants have fun and learn good sportsmanship.

Referees may stop play (Division "B") on occasion for instructional purposes, and to give allowances for violations based on the ability of the group. In all cases, the "spirit of the rule" shall take precedence over the "letter of the law". The referees are in charge of the game and their decisions are final. **"B" division referees are volunteers.**

PICTURES

Pictures will be taken on Saturday January 15th (A Div.), Saturday January 22nd (B Div-PRESCOTT) or on Saturday January 29th (B Div-PRESCOTT VALLEY). There will be **no make-up** day pictures. Teams will be assigned a time to report to the YMCA (or other location for Prescott Valley Players) for photos based on their game time. If there are any problems with your photo package after you've receive it, please contact Portrait Park by J directly at 776-1311. Individual photos are optional and require an additional fee. **However, all children are asked to attend on photo day to be included in team portraits.**

BILL OF RIGHTS FOR YOUNG ATHLETES

Right to participate in sports.
Right to participate at a level commensurate with maturity and ability.
Right to have qualified adult leadership.
Right to play as a child and not as an adult.
Right of children to share in the leadership and decision-making of their sports participation.
Right to participate in a safe and healthy environment.
Right to proper preparation for participation in sports.
Right to an equal opportunity to strive for success.
Right to be treated with dignity.
Right to have fun in sports.

DRESS CODE

YBL jersey or YBL t-shirt (Tucked-In)
Comfortable athletic shorts or pants (no jeans)
Athletic shoes – NO street shoes, cowboy boots or sandals
Underwear should not be seen
Hats and jewelry should not be worn in any game
Keep hair secured
Fingernails trimmed and filed
Do not bring toys, jewelry, valuables, electronic games, weapons, tobacco, drugs, and alcohol.

GAME SCHEDULE CHANGE

Games will NOT be rescheduled due to outside or school conflicts. Games will only be rescheduled due to facility availability or change. Games may be cancelled if another facility is not available.

SCOREKEEPING AND TIME KEEPING

Each team is required to provide a scorekeeper or a timekeeper for each game.
The home team (first team listed on the game schedule) will provide the scorekeeper.
The visiting team (second team listed on the game schedule) will provide the timekeeper.

SNOW DAYS

If weather is severe, division games or practices may be delayed or cancelled. Cancelled games and practices will not be rescheduled. In the event of inclement weather, players / parents should call their coach and/or check the YMCA Sports Department Facebook or Instagram page for updates and notifications. Calls will be placed to all coaches to notify them of any changes if the YMCA determines practices or games need to be delayed or cancelled. Parents may also opt into our text notification system to receive updates directly-See registration form.

LOST & FOUND

All items found at practice and game sites will be returned to the YMCA Sports Office. These items will be held until March 31. Items left after March 31 will be donated to local charities.

TOURNAMENT GAMES

Only players and coaches will be allowed on the benches (or below the railing at PHS) during tournament games. Spectators need to refrain from going out on the court during any break.

FACILITY USAGE GUIDELINES

We are guests at many area schools and community spaces. Therefore, we require that you strictly adhere to these guidelines:

- *Only use the facility during officially scheduled practice times.
- *No one should not be on stages, in hallways, weight areas, or unsupervised on school grounds.
- *Facilities and grounds must be cleaned before each team leaves.
- *Food and drinks must remain outside of the facility, (except water in plastic bottles).
- *Keep the facilities free of drugs, tobacco and alcohol.
- *If repeated complaints are received about a team's usage of the facility, your team may lose their practice privileges.
- *If you damage part of the facility, contact the YMCA immediately so that we can report the incident to the school.
- *Coaches should not leave their practice site until all players have been picked up by their parent or guardian.

PARENT'S GUIDE

Dealing With Your Young Player

For parents of young players there is one guiding principle: **If you want your young player to develop a love for basketball, he or she must first develop a passion for the game.** To do that, he or she must enjoy the game and see basketball, particularly at a young age, as an activity that comes with a smile.

What do you do during these early formative years?

For the most part, just sit back and share the experience with your child. Sometimes grown-ups have forgotten that basketball is just a game.

What advice should you give to your budding hoopster?

That's simple. Just tell them to play hard, and to have fun. If they keep a smile on their face, they will most likely give a strong effort. And by playing hard they will get better in the process.

Play basketball with your child

More than most sports, basketball affords parents genuine on-court interaction with their son or daughter. Whether playing a game of H.O.R.S.E., having a free-throw shooting contest, or even playing a simple game of one-on-one, basketball requires nothing more than a ball and a hoop.

But try not to use the opportunity to engage in competition with your son or daughter. If your daughter is 12, compete against her as though you were 12, not a full grown adult. Get in the habit of acknowledging a great shot or pass by your child. Make him or her feel good about their actions. Everybody responds to positive

reinforcement – especially kids. And remember children imitate the actions of their parents. If you show them how to respond to a good play, they'll follow your lead.

Dealing With The Coach

Have a talk with the coach at the beginning of the season

Get a sense of the coach's philosophy on such subjects as sportsmanship, playing time and practice, as well as the guidelines and rules followed by the league.

One of the major lessons that playing on a basketball team provides to young players is tolerance and adaptation to different styles of leadership. Allowing your children to deal with the player/coach relationship on their own will go a long way towards assuring that they benefit from those lessons. If a problem arises, you should be there for your child, but let things play out on the team level first.

Approaching the coach with a problem

Sometimes, a misunderstanding does occur. Maybe you feel your son is not getting enough playing time. Maybe your daughter is playing forward instead of guard. Or your child's team seems to be treating its opponents in an unsportsmanlike manner. **Whatever the concern, consult the coach in a spirit of cooperation – NOT confrontation.**

Some parents get upset and confront coaches in the middle of a game. Not only is this kind of action counter-productive, it embarrasses everyone, including your child. As with any other person, the coach is much less likely to listen if you "get-up" in his or her face.

If you do feel the need to discuss an issue with the coach, try waiting 24 hours and then call the coach at home (make sure you get the coach's appropriate contact number prior to the season). Try the following approach — "Coach, perhaps you can help me with a problem my daughter is having. You see, she's always preferred to play point guard, and we see that you have her playing forward. As a result, she is a little confused. Can you help us work through her concerns?"

If you address the coach in a non-confrontational manner, he or she will most likely be happy to discuss the problem and work out a solution that suits everyone.

What if my child isn't getting enough playing time?

Once more, this is the kind of issue that should be brought up in a calm and private conversation with the coach. Ideally, the coach is keeping track of who's playing how much, and at what positions, during games. But if you and your child are convinced that he or she isn't getting a fair amount of playing time, then it may be time to talk to the coach.

In many youth leagues, there are rules regarding player participation. Prior to addressing the issue with the coach, you should be aware of any guidelines, if they exist. Once prepared with the information (for example, it may be that all players are required to play at least one-half / one-quarter of the game) you will be ready to speak with the coach.

Keep in mind, that with young players in particular, it can be confusing as to who's playing and for how much time. Coaches usually employ an assistant to monitor the playing time of each child. If there is any question about playing time, it's a matter of consulting the assistant coach's score sheet. If your child's coach does not

keep track of this, offer to help out and assist the coach by suggesting doing it yourself. On top of helping you keep track of your child's playing time, it will probably help out some of the other players with a similar problem.

Teaching The Basics Of Sportsmanship

One of the most common myths in sports is that teaching and enforcing sportsmanship is the sole responsibility of the coach. Not true. In fact, when it comes to behavior, the coach's job is to observe players during games, and to enforce the basic guidelines of sportsmanship. **The real job of teaching good sportsmanship starts with Mom and Dad. It's up to you as the parents to lay the foundation, not the coach.**

Be prepared to sit down at appropriate times and have a "teachable moment" with your child. Winning and losing are fundamental elements of any sport, and basketball is no exception. Explain that in basketball there is a right way and a wrong way to behave prior to, during, and after the game, regardless of the outcome. These principles apply on and off the court, and during practices, as well. Usually, the older the child, the more difficulty the player has in dealing with losing. Make it clear to your child that if he or she wants to be a member of the team, they must abide by the rules of good sportsmanship.

Make it clear that every game has a winner and a loser (and sometimes, events transpire that may seem unfair) but that defeat --no matter how emotional --is not an excuse for acting out. Explain that blaming an official for a bad call (or the coach or a teammate for a bad decision or play) is unacceptable. Even in victory, good sportsmanship is important -- bragging or making fun of an opponent after a win cannot be tolerated.

The real test of character is always more apparent in times of difficulty. Help your child through your own responsible leadership. They will benefit, over the long-term, from the lessons they learn, both in basketball and in life.

Parental Do's and Don'ts

As a parent of a young basketball player, it's your job to foster a positive environment for your child — and that takes discipline on your part. Here's a quick checklist to help you do just that:

1) Avoid the P.G.A. (Post-Game Analysis) Within minutes following the end of a game; players are usually in the family car heading home. It's during the ride home that some well-meaning parents provide a post-game analysis of what the youngster did well, or not so well, during the game.

"Why didn't you shoot more when you were open?" "You need to move more on offense so your teammates will pass the ball to you." "It looked like the other team's defense had you flustered a bit."
"You didn't hustle on defense much today; were you tired?"

From the parent's perspective, these observations seem like very valid points to discuss. "Besides," says the concerned parent, "It's important to go over what my child did in the game while the game is still fresh in his or her mind."

The problem is that these P.G.A.'s can quickly ruin the fun for your basketball player. After all, who wants to be analyzed or criticized moments after leaving the court (and if friends are in the car, it can be even more

demoralizing)? That's the coach's job. Mom and Dad give your youngster a break — save your "constructive criticism" for later on in the evening or the next day and bring them up in a two-way conversation about the game. After the game is the time to be positive and brief.

2) Don't position yourself as the "perfect example." "Here, let me show you how I used to play the game." Have you ever said something like that to your child? Did you notice them roll their eyes, as in "Oh-uh, here we go again." Relax. If you're like most parents, you want to help teach your child the basics through the benefit of your own experiences. But how do you do that without sounding like a know-it-all old-timer? In the mind of most children, there's a fine line between teaching them the basic skills and trying to show off. Always remember that you're supposed to be there for your son or daughter — not the other way around. Next time, wait until your youngster comes to you and asks for guidance. That's the most effective approach for you and the child.

Dealing With Other Parents

Parents at games

Ideally, the coach will make it clear at the start of the season that loud, boorish, or obnoxious behavior is not acceptable. The majority of moms and dads understand this concept and keep their emotions in check.

If you encounter a loud parent in the stands, diplomatically let the coach know the parent in question is becoming bothersome to others. If the coach doesn't respond, then consult a league administrator, or even the game official. Officials generally have the ability to vacate or reprimand an out-of-control parent.

Should you approach an out-of-control parent?

You have to be careful about confronting other parents, particularly with children around. Confrontations between parents rarely have positive results. Too often, in fact, they escalate an already volatile situation. The fact that a parent is yelling and screaming at a youth basketball game suggests he or she has lost perspective and isn't likely to negotiate. If you make an attempt to quell the situation and nothing is resolved, back away until the parent calms down.

Try to avoid "Parenting" your child's teammates

Get to know your child's teammates. It will be fun for your son or daughter to see their parent talking to their on-court friends. But try to avoid using that new relationship to "coach" or "parent" your new friends. Leave that to the real coach and the teammate's parents. If you witness behavior by a teammate that you are uncomfortable with, explain what it is you do not like to your own child as a lesson. If poor behavior continues, mention it to the coach, away from others.

FIRST AID REMINDERS

Recreational basketball is a relatively safe sport to play. Most of the injuries will be minor and involve mostly the extremities of the body. The purpose of this information is to help with on the court management. It is not to replace formal training, nor does it prescribe treatment.

Head Injuries

Head injuries occur when head hits head, body, ground, equipment or the ball.

- A. If unconscious
 - 1. Check the airway, clear if necessary
 - 2. If not breathing, begin CPR
 - 3. Send for help
 - 4. If breathing, do not do anything until help arrives, except stabilize the neck so it does not turn.
 - 5. When consciousness returns, proceed with the following.
- B. If conscious
 - 1. Check alertness
 - 2. Ask questions, first general, then specific, to determine mental condition.
 - 3. If the questions are answered correctly, they may leave the field, provided they have had no numbness or tingling and can move all extremities. Have them slowly get to their feet. If dizzy, or faint, or unable to stand on their own, have them lie down again. Check for slurred speech, confusion, numbness, ringing or fullness in the ears or memory loss. If any of these occur, they need to be checked immediately.

Face

- A. Stop nosebleeds with direct pressure or pressure right beneath the nose.
- B. Check for angulation of the nose, which may indicate a break.
- C. Check for loose teeth, Dental attention may be needed.

Abdomen

These occur with a blow from the ball, foot or body contact.

- A. Allow the player with the “wind knocked out” to regain breathing on their own. Stooping or lying down may be more comfortable.
- B. If pain from a blow lasts more than 5 minutes, or if it worsens; if the player cannot straighten up or walk without pain, or if there is shoulder pain, further evaluation is needed.

Sprains and Strains

Often sprains and strains in the young athlete are under-treated and under-evaluated. While rest, ice, compression and elevation are important in the initial treatment, range of motion, contrast baths, ice massage and strengthening exercises may be part of the rehabilitation. Since ligaments are usually stronger than growth plates, some slow to heal sprains are really growth plate fractures. It is best to treat the injury with RICE (see below, but have the parents assume responsibility for further evaluation and treatment).

- A. Prevent further injury: DO NOT allow weight bearing in getting off the court/field.
- B. If there is any locking, grinding, instability of the knee, it should be examined as soon as possible.
- C. The ankle is most often injured on the outside portion.
- D. Treatment for sprains, strains and contusions.
 - 1. Rest – no weight bearing
 - 2. Ice – use one or more layers of material between ice and the skin to prevent frostbite
 - 3. Compression – wrap with an elastic bandage to minimize the swelling.
 - 4. Elevate the injured part

Fractures

Fractures usually occur with a fall. When a fracture is suspected in the lower extremity, it should be splinted before the player is moved. The upper extremity fracture may be cared for on the side-line. Ice should be applied as above. Clues to a break include the dynamics of the fall, tenderness along a bone or an obvious deformity.

Heat Related Illnesses

These are caused by inadequate body water or dehydration. They include muscle cramps, heat exhaustion and heat stroke. With only one hour of practice a week, it would be unlikely for these to develop unless there is unusual water loss through increased sweating or illness. Prevention is easy by practicing in the cooler parts of the day and having frequent enforced water breaks. This helps form the habit of drinking during exercise.

- A. Heat Exhaustion
 - 1. An emergency
 - 2. Pale, clammy skin
 - 3. Rapid and weak pulse
 - 4. Weak – unable to play
 - 5. May be dizzy or faint
 - 6. Treatment is to have them lie down in a cool place and drink cold fluids.
 - 7. Notify parents to take home

- B. Heat Stroke
 - 1. This is an EMERGENCY as the body has lost the ability to lose heat
 - 2. Hot, dry, red skin
 - 3. May be dizzy, weak and confused
 - 4. Pulse is rapid and strong
 - 5. May be unconscious
 - 6. Transport immediately
 - 7. Remove player's clothes, cool body with water, ice, wet towels
 - 8. Cool fluids if able to drink

CHARACTER COUNTS – VALUES TO LIVE BY for YMCA Youth Sports

CARING – Putting others before yourself

Be thoughtful, considerate and helpful to others on your team

Thank your coaches and officials

Tell your family you appreciate their support

HONESTY – To tell the truth

Follow the rules

Always set a good example by what you say and do

Be fair to players on the other team

RESPECT – To treat others as you would have them treat you

Appreciate your coach

Be considerate and polite to the officials

Be a good listener & always be thoughtful of others

RESPONSIBILITY – To do what you should

Be on time to practices & games

Always give your best effort

Keep your practice and game site clean and free of litter

INVENTION OF BASKETBALL

Yes, it was at the International YMCA Training School in December, 1891, that James Naismith invented the game of basketball at the demand of Luther Gulick, the director of the school. Gulick needed a game to occupy a “class of incorrigibles” – 18 future YMCA directors who, more interested in rugby and football, didn’t care for leapfrog, tumbling and other activities they were forced to do during the winter. Gulick, obviously out of patience with the group, gave Naismith two weeks to come up with a game to occupy them.

Naismith decided that the new game had to be physically active and simple to understand. It could not be rough, so no contact could be allowed. The ball could be passed but not carried. Goals at each end of the court would lend a degree of difficulty and give skill and science a role. Elevating the goal would eliminate rushes that could injure players, a problem in rugby and football.

Introducing the game of “basketball” at the next gym class (Naismith did meet Gulick’s deadline), Naismith posted 13 rules on the wall and taught the game to the incorrigibles. The men loved it and proceeded to introduce “basketball” to their hometowns over Christmas break. Naismith’s invention spread like wildfire.

Not only was basketball invented by a YMCA institution, but the game’s first professional team came from a Y. The Trenton NJ YMCA had fielded a basketball team since 1892 and in 1896, its team claimed to be the national champions after beating various other YMCA and college teams.

NON-PROFIT ORGANIZATION

The Prescott Young Men's Christian Association of Yavapai County, Inc. is a 501(c)(3) non-profit community-focused organization dedicated to putting Christian principles into practice through programs that build healthy spirit, mind and body for all.

A community volunteer Board of Directors contributes ideas, sets policy and oversees financial decisions that govern the YMCA. The Prescott YMCA, founded in 1914, is supported by memberships, program fees and public and private contributions and grants. We are an inclusive membership organization open to the tri-city community.

The Prescott YMCA offers a variety of activities including: preschool, after school childcare, summer day camps, sports, recreation, gymnastics, weight training, water and land aerobics, wellness seminars, aquatics, adventure education, volunteers and more.

It is supported by memberships, program fees and public and private contributions. As a membership organization, the YMCA is open to everyone regardless of their ability to pay. An extensive scholarship program ensures access to kids and families who could not otherwise afford the benefits of the YMCA.

SPECIFICS

Division "A"

AGE	BALL SIZE	HOOP HEIGHT	CLOCK	QUARTER LENGTH	TIME OUTS
Coed 9-10	28.5" Circumference	10 feet	Running - Stops last 2 mins. of 4 th Qtr.	10 minutes	2 / half
Coed 11-12	30.0" Circumference	10 feet	Running - Stops last 2 mins. of 4 th Qtr	10 minutes	2 / half
Coed 13-14	30.0" Circumference	10 feet	Running - Stops last 2 mins. of 4 th Qtr	10 minutes	2 / half
Coed 15-17	30.0" Circumference	10 feet	Running - Stops last 2 mins. of 4 th Qtr	10 minutes	2 / half

Division "B"

AGE	BALL SIZE	HOOP HEIGHT	CLOCK	QUARTER LENGTH	TIME OUTS
Coed 4	27.5" Circumference "Rookie Gear" Ball	6 feet	Running	6 minutes	None
Coed 5-6	27.5" Circumference "Rookie Gear" Ball	6 feet	Running	6 minutes	None
Coed 7-8	28.5" Circumference	8 feet	Running	7 minutes	None
Girls 9-10	28.5" Circumference	10 feet	Running- Stops last 2 min. of 4 th Qtr.	10 minutes	2 per half
Boys 9-10	28.5" Circumference	10 feet	Running- Stops last 2 min. of 4 th Qtr.	10 minutes	2 per half
Girls 11-13	28.5" Circumference	10 feet	Running- Stops last 2 min. of 4 th Qtr.	10 minutes	2 per half
Boys 11 – 13	30.0" Circumference Regulation Size	10 feet	Running- Stops last 2 min. of 4 th Qtr.	10 minutes	2 per half



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IMPORTANT 2021 SEASON DATES- for PRESCOTT

OPENING WEEKEND: Saturday January 8th!

REQUIRED COACH MEETING (Attendance at one is required for all volunteers)

Wednesday, November 8, 6:00-7:00pm---Wednesday, November 10, 6:00-7:00pm

Monday, November 15, 6:00-7:00pm---Wednesday, November 17, 6:00-7:00pm

“A” League Important Dates:

DIVISION “A” TRYOUTS - (Prescott YMCA Gymnasium)

- 9-10 years **Last Name A-K:** 5:00-6:00, Tuesday Nov. 30th
- 9-10 years **Last Name L-Z:** 6:15-7:15, Tuesday Nov. 30th
- 11-12 years **Last Name A-K:** 5:00-6:00, Wednesday Dec. 1st
- 11-12 years **Last Name L-Z:** 6:15-7:15, Wednesday Dec. 1st
- 13-14 years **Last Name A-K:** 5:00-6:00, Thursday Dec. 2nd
- 13-14 years **Last Name L-Z:** 6:15-7:15, Thursday Dec. 2nd
- 15-17 years **All Participants:** 5:00-6:30, Friday Dec. 3rd

DIVISION “A” MAKE-UP TRYOUTS & DRAFT – (Prescott YMCA Gymnasium)

- 9-10 years 11:00 a.m. Saturday December 4th
- 11-12 years 9:30 a.m. Saturday December 4th
- 13-17 years 8:00 a.m. Saturday December 4th

DIVISION “A” PRACTICE STARTS – December 6th, 2021

DIVISION “A” FIRST GAME – Saturday January 8th, 2022

DIVISION “A” LAST GAME – Saturday February 26th, 2022

DIVISION “A” TOURNAMENT – February 28th – March 9th

PICTURE DAY – “A” DIVISION – Saturday January 15th,

Scheduled times, at YMCA

“B” League Important Dates:

DIVISION “B” PRACTICE STARTS – January 3rd, 2022

DIVISION “B” FIRST GAME – Saturday January 8th, 2022

DIVISION “B” LAST GAME – Saturday February 26th, 2022

PICTURE DAY – “B” – Saturday January 22nd, Scheduled times, at YMCA

PICTURE DAY – “B” DIVISION (Prescott Valley) – Saturday January 29th, Scheduled times (SITE TBA in Prescott Valley)

VOLUNTEER APPRECIATION DAY – Saturday January 29th

Please let your volunteer coaches, referees, team parents know how much you appreciate them

SPONSOR APPRECIATION DAY – Saturday February 5th

Please shop locally and thank your YBL team sponsors

PHS NIGHT – TBA (Wear your YBL jersey to a Badgers home game, get in free and cheer on your Badgers!)

TURKEY SHOOT – Friday November 19th, 2021

15th Annual Free Throw & 3-Point Competition. Coed, ages 6-99. WIN YOUR THANKSGIVING TURKEY HERE!

For additional details, schedules, info, standings please see our web page: www.prescottymca.org

“A” Competitive Division

Devoted to teaching players advanced defensive and offensive skills, teamwork, and leadership. Successful participation requires a sincere commitment from everyone involved: players, parents, coaches, and officials.

Ages: Coed 9-10, 11-12, 13-14, 15-17

Practice: 2 hours/week beginning Dec. 6th
(No practice Dec 20-Dec 31)

8 Games: January 8th-February 26th

Playing Time: **One Quarter Minimum**

Tournament: Minimum 2 games, Feb. 28th-March 9th

Tryouts: 9-10 Tue, Nov. 30

11-12 Wed, Dec. 1

13-17 Thu, Dec. 2

15-17 Fri, Dec 3

(See tryout times under “A” League Important Dates)

Make-up Tryouts: Sat, Dec. 4 (See times under “A” League Important Dates)

If a player is not drafted, he/she will be placed on a “B” team.

Refunds are not available for the \$20.00 difference or any other YBL reg. fee

“B” Recreational Division

Recreational fun that reinforces basketball skills, appreciation for competition and sportsmanship in a relaxed atmosphere. No tryouts.

Ages: Coed 4, 5-6, 7-8

Girls 9-10, 11-13

Boys 9-10, 11-13

Practice: 1 hour/week beginning Jan 3

8 Games: January 8th-February 26th

Playing Time: **Two Quarter Minimum**



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IMPORTANT 2021 SEASON DATES- for PRESCOTT VALLEY

OPENING WEEKEND: SATURDAY JANUARY 8TH!

REQUIRED COACH MEETING: Attendance is required for all volunteers: --Thursday, December 9, 6:00-7:00pm @ Transportation Conference Room @ Humboldt Unified School District Office in Prescott Valley (There are also meetings in Prescott, see other side for details)

“A” League Important Dates:

DIVISION “A” TRYOUTS - (Prescott YMCA Gymnasium)

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- 13-14 years **Last Name A-K:** 5:00-6:00, Thursday Dec. 2nd
- 13-14 years **Last Name L-Z:** 6:15-7:15, Thursday Dec. 2nd
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DIVISION “A” MAKE-UP TRYOUTS & DRAFT – (Prescott YMCA Gymnasium)

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- 13-17 years 8:00 a.m. Saturday December 4th

DIVISION “A” PRACTICE STARTS – December 6th, 2021

DIVISION “A” FIRST GAME – Saturday January 8th, 2022

DIVISION “A” LAST GAME – Saturday February 26th, 2022

DIVISION “A” TOURNAMENT – February 28th – March 9th

**PICTURE DAY – “A” DIVISION – Saturday January 15th,
Scheduled times, at YMCA**

“B” League Important Dates:

DIVISION “B” PRACTICE STARTS – January 3rd, 2022

DIVISION “B” FIRST GAME – Saturday January 8th, 2022

DIVISION “B” LAST GAME – Saturday February 26th, 2022

PICTURE DAY – “B” – Saturday January 22nd, Scheduled times, at YMCA

PICTURE DAY – “B” DIVISION (Prescott Valley) – Saturday January 29th, Scheduled times (SITE TBA in Prescott Valley)

VOLUNTEER APPRECIATION DAY – Saturday January 29th

Please let your volunteer coaches, referees, team parents know how much you appreciate them

SPONSOR APPRECIATION DAY – Saturday February 5th

Please shop locally and thank your YBL team sponsors

PHS NIGHT – TBA (Wear your YBL jersey to a Badgers home game, get in free and cheer on your Badgers!)

TURKEY SHOOT – Friday November 19th, 2021

15th Annual Free Throw & 3-Point Competition. Coed, ages 6-99. WIN YOUR THANKSGIVING TURKEY HERE!

For additional details, schedules, info, standings please see our web page: www.prescottymca.org

“A” Competitive Division

Devoted to teaching players advanced defensive and offensive skills, teamwork, and leadership. Successful participation requires a sincere commitment from everyone involved: players, parents, coaches, and officials.

Ages: Coed 9-10, 11-12, 13-14, 15-17
Practice: 2 hours/week beginning Dec. 6th
(No practice Dec 20-Dec 31)
8 Games: January 8th-February 26th

Playing Time: **One Quarter Minimum**
Tournament: Minimum 2 games, Feb. 28th-March 9th
Tryouts: 9-10 Tue, Nov. 30
11-12 Wed, Dec. 1
13-14 Thu, Dec. 2
15-17 Fri, Dec 3

(See tryout times under “A” League Important Dates)
Make-up Tryouts: Sat, Dec. 4 (See times under “A” League Important Dates)
If a player is not drafted, he/she will be placed on a “B” team.
Refunds are not available for the \$20.00 difference or any other YBL reg. fee

“B” Recreational Division

Recreational fun that reinforces basketball skills, appreciation for competition and sportsmanship in a relaxed atmosphere. No tryouts.

Ages: Coed 4, 5-6, 7-8
Girls 9-10, 11-13
Boys 9-10, 11-13

Practice: 1 hour/week beginning Jan 3
8 Games: January 8th-February 26th
Playing Time: **Two Quarter Minimum**