

# MARCH SCHEDULE (SEE SIDE BAR FOR CLOSURES)

## GYMNASIUM---SEE BACK SIDE FOR GYM RULES

**\*SPECIAL THANKS TO FOOTHILLS BANK, MAJOR SPONSOR OF OUR 2020 YBL\***

<b>MARCH</b>	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>GYM CLOSURES</b> <b>**March 4th**</b> Gym Closed 6:00pm-10:00pm City League Bball Championship Games <b>**March 5th**</b> Gym Closed 3:30pm-6:30pm Youth Volleyball Tryouts <b>**March 7th**</b> Gym Closed 8:30am-10:30am Youth Volleyball Tryouts <b>**Mar. 9th-13th**</b> ½ Gym Closed 2:00pm-3:30pm Childcare Gym Time <b>**March 18th**</b> Gym Closed 9:30am-10:50am Beginner Pickleball Lessons <b>**March 25th**</b> Gym Closed 9:30am-10:50am Intermediate Pickleball Clinic <b>**March 27th**</b> Gym Closed 4:30pm-6:00pm Youth Volleyball Opening Ceremonies <b>**March 27th**</b> ½ Gym Closed 6:00pm-9:30pm Youth Volleyball Games <b>**March 28th**</b> Gym Closed 8:30am-2:30pm Youth Volleyball Games  <b>**City League Volleyball Begins March 16th</b>  <b>**Youth Volleyball Practices begin March 16th</b>  <b>**Youth Volleyball Games begin March 27th</b>		5:00-7:00 Adult Basketball	5:00-7:30 Adult Basketball	5:00-7:00 Adult Basketball	5:00-7:30 Adult Basketball	5:00-7:00 Adult Basketball	6:00-8:00 ½ Adult Basketball ½ Open Gym
	9:00-9:30 ½ Open Gym ½ Pick Up Games	7:00-10:00 Pickleball	7:30-9:30 Pickleball	7:00-10:00 Pickleball 9:30-10:50 Pball Lessons (3rd Wed) Pball Clinic (4th Wed)	7:30-9:30 Pickleball	7:00-8:25 Pickleball 8:25-9:25 ½ Total Body HIIT ½ Pickleball	8:00-2:30 Youth Volleyball Games (YVL) (begins 3/28) (Check side bar for exact days & times)
	9:30-10:15 ½ Open Gym ½ Pick Up Games	10:00-10:50 ½ Pickleball ½ Open Gym	9:30-10:30 ½ Mom/Me ½ Pickleball	10:00-10:50 ½ Pickleball ½ Open Gym (if no pickleball lessons or clinic)	9:30-10:30 ½ Mom/Me ½ Pickleball	9:25-10:50 ½ Pickleball ½ Open Gym	2:30-6:30 ½ Open Gym ½ Pick Up Games
	10:15-11:00 ½ Open Gym ½ Pick Up Games	11:00-12:00 Stretch N Flex	10:30-12:00 ½ Open Gym ½ Pick Up Games	11:00-12:00 Stretch N Flex	10:30-12:00 ½ Open Gym ½ Pick Up Games	11:00-12:00 Stretch N Flex	6:30-8:00 ½ Open Gym ½ Pick Up Games
	11:00-2:00 ½ Open Gym ½ Pick Up Games	12:00-2:30 ½ Open Gym ½ Pick Up Games	12:00-3:00 ½ Open Gym ½ Pick Up Games	12:00-3:00 ½ Open Gym ½ Pick Up Games	12:00-3:00 ½ Open Gym ½ Pick Up Games	12:00-2:00 Adult Basketball	<b>*PLEASE CHECK                      SIDE BAR FOR                      GYM CLOSURES</b>
	2:00-3:30 ½ Open Gym ½ Pickleball	2:30-3:45 ½ Open Gym ½ Child Care Activities	2:30-4:00 ½ Open Gym ½ Pick Up Games	3:00-4:00 ½ Open Gym ½ Pick Up Games	2:30-4:00 ½ Open Gym ½ Pick Up Games	2:00-4:00 ½ Open Gym ½ Pick Up Games	<i>*Beginner                      Pickleball Lessons                      Every 3rd Wed of                      the Month*</i>
	3:30-6:00 ½ Open Gym ½ Pick Up Games	4:00-6:00 ½ Open Gym ½ YVL Practices (begins 3/16)	4:00-6:00 ½ Open Gym ½ YVL Practices (begins 3/17)	4:00-6:00 ½ Open Gym ½ YVL Practices (begins 3/18)	4:00-6:00 ½ Open Gym ½ YVL Practices (begins 3/19)	4:00-5:30 ½ Open Gym ½ Pick Up Games	<i>*Preregistration                      Required for                      pickleball lessons                      (by preceding                      Wed)*</i>
		6:00-8:00 ½ YVL Practices ½ City League Volleyball (begins 3/16) 8:00-10:00 ½ City League Volleyball ½ Open Gym	6:00-10:00 City League Volleyball (begins 3/17)	6:00-9:00 City League Volleyball (begins 3/18) 9:00-10:00 ½ Open Gym ½ City Lg Volleyball	6:00-8:00 City League Volleyball (begins 3/19) ½ YVL Practices 8:00-9:00 ½ Open Gym ½ City Lg Volleyball	5:30-10:00 ½ Open Gym ½ Yth Volleyball Games (YVL) (begins 3/27) (Check side bar for exact days & times)	<i>*Preregistration is                      required for                      Advanced                      pickleball                      clinic*</i>
		10:00-11:00 ½ Open Gym ½ Pick Up Games	10:00-11:00 ½ Open Gym ½ Pick Up Games	10:00-11:00 ½ Open Gym ½ Pick Up Games	9:00-11:00 ½ Open Gym ½ Pick Up Games	10:00-11:00 ½ Open Gym ½ Pick Up Games	

**Open Gym:** Shoot Hoops, Walk , Jog, Stretch, etc. (no side or half court games).

**Adult Basketball:** Adult full or half court games

**Pickleball:** This game is for 2-4 players and uses a net and paddles (similar to Tennis)

**Preschool/Afterschool:** Scheduled exercise & activity time for out YMCA Child Care Program

**Mommy N Me/Stretch N Flex/Total Body HIIT :** Fitness Classes (for more details see monthly fitness schedule)

**JAMES FAMILY PRESCOTT YMCA** -- 750 Whipple Street, Prescott, AZ 86301 -- P 928 445 7221 F 928 445 5135

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