Presented By:

## League Information

Season Begins January 2024
Ages 4-17
Competitive "A" League
Recreational "B" League
Leagues in Prescott or
Prescott Valley

MORE INFORMATION:
HTTPS://PRESCOTTYMCA.ORG/YOUTH-BASKETBALL-LEAGUE


## YMCA Mission:

Our mission is to put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

## League Mission:

This league exists for the youth of our community, providing them with the opportunity to experience and develop basketball skills. The primary objective of the YMCA is to develop people, not professional athletes. Our Volunteer Coaches are dedicated to developing youth and will emphasize the values of caring, honesty, respect, and responsibility.

## Player Pledge:

I pledge win or lose, before God, to play my best, to play fair, to be a good sport, to listen to my coach, to help when asked, to be honest, to be caring, to take responsibility, and to be respectful to all.

## YMCA Team Sports Sponsorship

Sponsorships are available for many of our youth sports programs.

## Team Sponsor: \$225.00

Your company name on the back of an entire team's jersey and more. This is a great way to advertise your company and again show your support for area youth and sports.
Please contact the YMCA Sports Dept. for more details about this opportunity.

## ACKNOWLEDGMENT OF RISK FORM

A form is to be filled out by the player's parent or guardian and given to the coach to keep for the season.

## REFEREES

A referee's duties are to facilitate the game by giving each team equal opportunities within the limits of the rules of the game. Please cooperate with the referees in creating and maintaining an environment in which participants have fun and learn good sportsmanship.
Referees may stop play (Division "B") on occasion for instructional purposes, and to give allowances for violations based on the ability of the group. In all cases, the "spirit of the rule" shall take precedence over the "letter of the law". The referees are in charge of the game and their decisions are final."B" division referees are volunteers.

## PICTURES

Pictures will be taken on Saturday January 13th (A Div.), Saturday January 20th (B DivisionPRESCOTT) or on Saturday January 27th (B Division-PRESCOTT VALLEY). There will be no make-up day pictures. Teams will be assigned a time to report to the YMCA (or other location for Prescott Valley Players) for photos based on their game time. If there are any problems with your photo package after you've receive it, please contact Portrait Park by $J$ directly at 776-1311. Individual photos are optional and require an additional fee. However, all children are asked to attend on photo day to be included in team portraits.

## BILL OF RIGHTS FOR YOUNG ATHLETES

Right to participate in sports.
Right to participate at a level commensurate with maturity and ability.
Right to have qualified adult leadership.
Right to play as a child and not as an adult.
Right of children to share in the leadership and decision-making of their sports participation.
Right to participate in a safe and healthy environment.
Right to proper preparation for participation in sports.
Right to an equal opportunity to strive for success.
Right to be treated with dignity.
Right to have fun in sports.

## DRESS CODE

YBL jersey or YBL t-shirt (Tucked-In)
Comfortable athletic shorts or pants (no jeans)
Athletic shoes - NO street shoes, cowboy boots or sandals
Underwear should not be seen
Hats and jewelry should not be worn in any game
Keep hair secured


Fingernails trimmed and filed
Do not bring toys, jewelry, valuables, electronic games, weapons, tobacco, drugs, and alcohol.

## GAME SCHEDULE CHANGE

Games will NOT be rescheduled due to outside or school conflicts. Games will only be rescheduled due to facility availability or change. Games may be cancelled if another facility is not available.

## SCOREKEEPING AND TIME KEEPING

Each team is required to provide a scorekeeper or a timekeeper for each game.
The home team (first team listed on the game schedule) will provide the scorekeeper.
The visiting team (second team listed on the game schedule) will provide the timekeeper.

## SNOW DAYS

If weather is severe, division games or practices may be delayed or cancelled. Cancelled games and practices will not be rescheduled. In the event of inclement weather, players / parents should call their coach and/or check the YMCA Sports Department Facebook or Instagram page for updates and notifications. Calls will be placed to all coaches to notify them of any changes if the YMCA determines practices or games need to be delayed or cancelled. Parents may also opt into our text notification system to receive updates directly-See registration form.

## LOST \& FOUND

All items found at practice and game sites will be returned to the YMCA Sports Office. These items will be held until March 31 . Items left after March 31 will be donated to local charities.

## TOURNAMENT GAMES

Only players and coaches will be allowed on the benches (or below the railing at PHS) during tournament games. Spectators need to refrain from going out on the court during any break.

## FACILITY USAGE GUIDELINES

We are guests at many area schools and community spaces. Therefore, we require that you strictly adhere to these guidelines:

- ONLY use the facility during officially scheduled practice times.
- No one should not be on stages, in hallways, weight areas, or unsupervised on school grounds.
- Facilities and grounds must be cleaned before each team leaves.
- Food and drinks must remain outside of the facility, (except water in plastic bottles).
- Keep the facilities free of drugs, tobacco and alcohol.
- If repeated complaints are received about a team's usage of the facility, your team may lose their practice privileges.
- If you damage part of the facility, contact the YMCA immediately so that we can report the incident to the school.
- Coaches should not leave their practice site until all players have been picked up by their parent or guardian.


## SPONSORED BY:

## PARENT'S GUIDE

## Dealing With Your Young Player

For parents of young players there is one guiding principle: If you want your young player to develop a love for basketball, he or she must first develop a passion for the game. To do that, he or she must enjoy the game and see basketball, particularly at a young age, as an activity that comes with a smile.
What do you do during these early formative years?
For the most part, just sit back and share the experience with your child. Sometimes grown-ups have forgotten that basketball is just a game.

## What advice should you give to your budding hoopster?

That's simple. Just tell them to play hard, and to have fun. If they keep a smile on their face, they will most likely give a strong effort. And by playing hard they will get better in the process.

## Play basketball with your child

More than most sports, basketball affords parents genuine on-court interaction with their son or daughter. Whether playing a game of H.O.R.S.E., having a free-throw shooting contest, or even playing a simple game of one-on-one, basketball requires nothing more than a ball and a hoop.

But try not to use the opportunity to engage in competition with your son or daughter. If your daughter is 12 , compete against her as though you were 12, not a full grown adult. Get in the habit of acknowledging a great shot or pass by your child. Make him or her feel good about their actions. Everybody responds to positive reinforcement - especially kids. And remember children imitate the actions of their parents. If you show them how to respond to a good play, theyll follow your lead.

## Dealing With The Coach

## Have a talk with the coach at the beginning of the season.

Get a sense of the coach's philosophy on such subjects as sportsmanship, playing time and practice, as well as the guidelines and rules followed by the league.

## One of the major lessons that playing on a basketball team provides to young players is tolerance and adaptation to different styles of leadership.

Allowing your children to deal with the player/coach relationship on their own will go a long way towards assuring that they benefit from those lessons. If a problem arises, you should be there for your child, but let things play out on the team level first.

## Approaching the coach with a problem.

Sometimes, a misunderstanding does occur. Maybe you feel your son is not getting enough playing time. Maybe your daughter is playing forward instead of guard. Or your child's team seems to be treating its opponents in an unsportsmanlike manner. Whatever the concern, consult the coach in a spirit of cooperation - NOT confrontation.
Some parents get upset and confront coaches in the middle of a game. Not only is this kind of action counter-productive, it embarrasses everyone, including your child. As with any other person, the coach is much less likely to listen if you "get-up" in his or her face.
If you do feel the need to discuss an issue with the coach, try waiting 24 hours and then call the coach at home (make sure you get the coach's appropriate contact number prior to the season). Try the following approach - "Coach, perhaps you can help me with a problem my daughter is having. You see, she's always preferred to play point guard, and we see that you have her playing forward. As a result, she is a little confused. Can you help us work through her concerns?"
If you address the coach in a non-confrontational manner, he or she will most likely be happy to discuss the problem and work out a solution that suits everyone.

## What if my child isn't getting enough playing time?

Once more, this is the kind of issue that should be brought up in a calm and private conversation with the coach. Ideally, the coach is keeping track of who's playing how much, and at what positions, during games. But if you and your child are convinced that he or she isn't getting a fair amount of playing time, then it may be time to talk to the coach.

## In many youth leagues, there are rules regarding player participation.

Prior to addressing the issue with the coach, you should be aware of any guidelines, if they exist. Once prepared with the information (for example, it may be that all players are required to play at least one-half / one-quarter of the game) you will be ready to speak with the coach.
Keep in mind, that with young players in particular, it can be confusing as to who's playing and for how much time. Coaches usually employ an assistant to monitor the playing time of each child. If there is any question about playing time, it's a matter of consulting the assistant coach's score sheet. If your child's coach does not keep track of this, offer to help out and assist the coach by suggesting doing it yourself. On top of helping you keep track of your child's playing time, it will probably help out some of the other players with a similar problem.

## CODE OF CONDUCT

The code of conduct shall govern the actions of players, coaches, officials, and spectators. The code of conduct is intended to provide behavioral guidance and establish clear expectations for all involved. The code of conduct will not address every possible circumstance however it shall serve as the YMCA's standard for evaluation.

## PARENTS \& SPECTATORS

- The parent and spectator shall support the players, coaches, officials and league staff. Parents and spectators shall not "coach" or "officiate." Parents and spectators agree as follows:
- Parents and Spectators will be positive role models.
- Parents and Spectators will display and instill in all players, the principles of good sportsmanship and team play.
- Parents and Spectators will conduct themselves in a manner that best serves the interest of the players.
- Parents and Spectators will do their best to provide the players a positive experience
- Parents and Spectators will make certain that their children show respect for all other players, coaches, officials, league staff and spectators.
- Parents and Spectators will not ridicule or demean
- Parents and Spectators will treat all players, coaches, league staff and officials fairly and with respect.
- Parents and Spectators will comply with the decisions of the officials and observe all rules, policies and procedures as established by the YMCA, school representatives and coaches
- Parents and Spectators will respect the opponent and avoid any confrontation with opposing players, spectators, coaches or officials.
- Parents and Spectators will be drug and alcohol free while attending any YMCA event.
- Parents and Spectators shall not...
- Use abusive or profane language or gestures.
- Taunt or humiliate any other spectator, coach, league staff official or player.
- Question an official's call.
- Abuse, mistreat or mishandle any YMCA equipment or property.
- I will refrain from coaching my child or other players during games and practices unless I am one of the registered coaches for the team.
- I(and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event.


## PLAYERS

- Players shall...
- Display good sportsmanship and team play at all times
- Follow the direction of the coaching staff.
- Respect all coaches, players, spectators, league staff and officials.
- Make every attempt to be on time and ready to play for all scheduled games.
- Players shall not...
- Use abusive or profane language or gestures.
- Taunt or humiliate any other player.
- Question an official's call.
- Abuse, mistreat or mishandle any YMCA equipment or property.
*Please note -not adhering to the above may result in removal from the facility and/or remainder of the league.


## Teaching The Basics Of Sportsmanship

One of the most common myths in sports is that teaching and enforcing sportsmanship is the sole responsibility of the coach. Not true. In fact, when it comes to behavior, the coach's job is to observe players during games, and to enforce the basic guidelines of sportsmanship. The real job of teaching good sportsmanship starts with Mom and Dad. It's up to you as the parents to lay the foundation, not the coach.
Be prepared to sit down at appropriate times and have a "teachable moment" with your child. Winning and losing are fundamental elements of any sport, and basketball is no exception. Explain that in basketball there is a right way and a wrong way to behave prior to, during, and after the game, regardless of the outcome. These principles apply on and off the court, and during practices, as well. Usually, the older the child, the more difficulty the player has in dealing with losing. Make it clear to your child that if he or she wants to be a member of the team, they must abide by the rules of good sportsmanship.
Make it clear that every game has a winner and a loser (and sometimes, events transpire that may seem unfair) but that defeat --no matter how emotional --is not an excuse for acting out. Explain that blaming an official for a bad call (or the coach or a teammate for a bad decision or play) is unacceptable. Even in victory, good sportsmanship is important -- bragging or making fun of an opponent after a win cannot be tolerated.
The real test of character is always more apparent in times of difficulty. Help your child through your own responsible leadership. They will benefit, over the long-term, from the lessons they learn, both in basketball and in life.

## Dealing With Other Parents

## Parents at games.

Ideally, the coach will make it clear at the start of the season that loud, boorish, or obnoxious behavior is not acceptable. The majority of moms and dads understand this concept and keep their emotions in check.
If you encounter a loud parent in the stands, diplomatically let the coach know the parent in question is becoming bothersome to others. If the coach doesn't respond, then consult a league administrator, or even the game official. Officials generally have the ability to vacate or reprimand an out-ofcontrol parent.

## Should you approach an out-of-control parent?

You have to be careful about confronting other parents, particularly with children around. Confrontations between parents rarely have positive results. Too often, in fact, they escalate an already volatile situation. The fact that a parent is yelling and screaming at a youth basketball game suggests he or she has lost perspective and isn't likely to negotiate. If you make an attempt to quell the situation and nothing is resolved, back away until the parent calms down.

## Try to avoid "Parenting" your child's teammates.

Get to know your child's teammates. It will be fun for your son or daughter to see their parent talking to their on-court friends. But try to avoid using that new relationship to "coach" or "parent" your new friends. Leave that to the real coach and the teammate's parents. If you witness behavior by a teammate that you are uncomfortable with, explain what it is you do not like to your own child as a lesson. If poor behavior continues, mention it to the coach, away from others.

## Parental Do's and Don'ts

As a parent of a young basketball player, it's your job to foster a positive environment for your child - and that takes discipline on your part. Here's a quick checklist to help you do just that:
Avoid the P.G.A. (Post-Game Analysis) Within minutes following the end of a game; players are usually in the family car heading home. It's during the ride home that some well-meaning parents provide a post-game analysis of what the youngster did well, or not so well, during the game.
"Why didn't you shoot more when you were open?"' You need to move more on offense so your teammates will pass the ball to you." "It looked like the other team's defense had you flustered a bit." "You didn't hustle on defense much today; were you tired?"
From the parent's perspective, these observations seem like very valid points to discuss. "Besides," says the concerned parent, "It's important to go over what my child did in the game while the game is still fresh in his or her mind."
The problem is that these P.G.A.'s can quickly ruin the fun for your basketball player. After all, who wants to be analyzed or criticized moments after leaving the court (and if friends are in the car, it can be even more demoralizing)? That's the coach's job. Mom and Dad give your youngster a break - save your "constructive criticism" for later on in the evening or the next day and bring them up in a two-way conversation about the game. After the game is the time to be positive and brief.
2) Don't position yourself as the "perfect example." "Here, let me show you how I used to play the game." Have you ever said something like that to your child? Did you notice them roll their eyes, as in "Oh-uh, here we go again." Relax. If you're like most parents, you want to help teach your child the basics through the benefit of your own experiences. But how do you do that without sounding like a know-it-all old-timer? In the mind of most children, there's a fine line between teaching them the basic skills and trying to show off. Always remember that you're supposed to be there for your son or daughter - not the other way around. Next time, wait until your youngster comes to you and asks for guidance. That's the most effective approach for you and the child.

JAMES FAMILY PRESCOTT YMCA YOUTH BASKETBALL LEAGUE

## REGISTRATION NOW OPEN



## FIRST AID REMINDERS

Recreational basketball is a relatively safe sport to play. Most of the injuries will be minor and involve mostly the extremities of the body. The purpose of this information is to help with on the court management. It is not to replace formal training, nor does it prescribe treatment.

## Head Injuries

Head injuries occur when head hits head, body, ground, equipment or the ball.

- If unconscious
- Check the airway, clear if necessary
- If not breathing, begin CPR
- Send for help
- If breathing, do not do anything until help arrives, except stabilize the neck so it does not turn.
- When consciousness returns, proceed with the following.
- If conscious
- Check alertness
- Ask questions, first general, then specific, to determine mental condition.
- If the questions are answered correctly, they may leave the field, provided they have had no numbness or tingling and can move all extremities. Have them slowly get to their feet. If dizzy, or faint, or unable to stand on their own, have them lie down again. Check for slurred speech, confusion, numbness, ringing or fullness in the ears or memory loss. If any of these occur, they need to be checked immediately.


## Face

- Stop nosebleeds with direct pressure or pressure right beneath the nose.
- Check for angulation of the nose, which may indicate a break.
- Check for loose teeth, Dental attention may be needed.


## Abdomen

These occur with a blow from the ball, foot or body contact.

- Allow the player with the "wind knocked out" to regain breathing on their own. Stooping or lying down may be more comfortable.
- If pain from a blow lasts more than 5 minutes, or if it worsens; if the player cannot straighten up or walk without pain, or if there is shoulder pain, further evaluation is needed.


## Sprains and Strains

Often sprains and strains in the young athlete are under-treated and under-evaluated. While rest, ice, compression and elevation are important in the initial treatment, range of motion, contrast baths, ice massage and strengthening exercises may be part of the rehabilitation. Since ligaments are usually stronger than growth plates, some slow to heal sprains are really growth plate fractures. It is best to treat the injury with RICE (see below, but have the parents assume responsibility for further evaluation and treatment).

- Prevent further injury: DO NOT allow weight bearing in getting off the court/field.
- .If there is any locking, grinding, instability of the knee, it should be examined as soon as possible.
- The ankle is most often injured on the outside portion.
- Treatment for sprains, strains and contusions.
- Rest - no weight bearing
- Ice - use one or more layers of material between ice and the skin to prevent frostbite
- Compression - wrap with an elastic bandage to minimize the swelling.
- Elevate the injured part


## FIRST AID REMINDERS-CONTINUED

## Fractures

Fractures usually occur with a fall. When a fracture is suspected in the lower extremity, it should be splinted before the player is moved. The upper extremity fracture may be cared for on the side-line. Ice should be applied as above. Clues to a break include the dynamics of the fall, tenderness along a bone or an obvious deformity.

## Heat Related Illnesses

These are caused by inadequate body water or dehydration. They include muscle cramps, heat exhaustion and heat stroke. With only one hour of practice a week, it would be unlikely for these to develop unless there is unusual water loss through increased sweating or illness. Prevention is easy by practicing in the cooler parts of the day and having frequent enforced water breaks. This helps form the habit of drinking during exercise.

- Heat Exhaustion
- An emergency
- Pale, clammy skin
- Rapid and weak pulse
- Weak - unable to play
- May be dizzy or faint
- Treatment is to have them lie down in a cool place and drink cold fluids.
- Notify parents to take home


## - Heat Stroke

- This is an EMERGENCY as the body has lost the ability to lose heat
- Hot, dry, red skin
- May be dizzy, weak and confused
- Pulse is rapid and strong
- May be unconscious
- Transport immediately
- Remove player's clothes, cool body with water, ice, wet towels
- Cool fluids if able to drink


## CHARACTER COUNTS - VALUES TO LIVE BY for YMCA Youth Sports

CARING - Putting others before yourself
Be thoughtful, considerate and helpful to others on your team
Thank your coaches and officials
Tell your family you appreciate their support
HONESTY - To tell the truth
Follow the rules
Always set a good example by what you say and do
Be fair to players on the other team
RESPECT - To treat others as you would have them treat you
Appreciate your coach
Be considerate and polite to the officials
Be a good listener \& always be thoughtful of others
RESPONSIBILITY - To do what you should
Be on time to practices \& games
Always give your best effort
Keep your practice and game site clean and free of litter

## INVENTION OF BASKETBALL

Yes, it was at the International YMCA Training School in December, 1891, that James Naismith invented the game of basketball at the demand of Luther Gulick, the director of the school. Gulick needed a game to occupy a "class of incorrigibles" - 18 future YMCA directors who, more interested in rugby and football, didn't care for leapfrog, tumbling and other activities they were forced to do during the winter. Gulick, obviously out of patience with the group, gave Naismith two weeks to come up with a game to occupy them.

Naismith decided that the new game had to be physically active and simple to understand. It could not be rough, so no contact could be allowed. The ball could be passed but not carried. Goals at each end of the court would lend a degree of difficulty and give skill and science a role. Elevating the goal would eliminate rushes that could injure players, a problem in rugby and football.

Introducing the game of "basketball" at the next gym class (Naismith did meet Gulick's deadline), Naismith posted 13 rules on the wall and taught the game to the incorrigibles. The men loved it and proceeded to introduce "basketball" to their hometowns over Christmas break. Naismith's invention spread like wildfire.

Not only was basketball invented by a YMCA institution, but the game's first professional team came from a Y. The Trenton NJ YMCA had fielded a basketball team since 1892 and in 1896, its team claimed to be the national champions after beating various other YMCA and college teams.

## NON-PROFIT ORGANIZATION

The Prescott Young Men's Christian Association of Yavapai County, Inc. is a 501(c)(3) non-profit community-focused organization dedicated to putting Christian principles into practice through programs that build healthy spirit, mind and body for all.

A community volunteer Board of Directors contributes ideas, sets policy and oversees financial decisions that govern the YMCA. The Prescott YMCA, founded in 1914, is supported by memberships, program fees and public and private contributions and grants. We are an inclusive membership organization open to the tri-city community.

The Prescott YMCA offers a variety of activities including: preschool, after school childcare, summer day camps, sports, recreation, gymnastics, weight training, water and land aerobics, wellness seminars, aquatics, adventure education, volunteers and more.

It is supported by memberships, program fees and public and private contributions. As a membership organization, the YMCA is open to everyone regardless of their ability to pay. An extensive scholarship program ensures access to kids and families who could not otherwise afford the benefits of the YMCA.


| AGE | BALL SIZE | HOOP HEIGHT | CLOCK | QUARTER LENGTH | TIME OUTS |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { Coed } \\ & 9-10 \end{aligned}$ | $28.5 "$ <br> Circumference | 10 feet | Running <br> - <br> Stops last 2 mins. of 4th Qtr. | $\begin{gathered} 10 \\ \text { minutes } \end{gathered}$ | 2 per half |
| $\begin{aligned} & \text { Coed } \\ & 11-12 \end{aligned}$ | $30.0 "$ <br> Circumference | 10 feet | Running <br> Stops last 2 mins. of 4th Qtr | $\begin{gathered} 10 \\ \text { minutes } \end{gathered}$ | $\begin{gathered} 2 \\ \text { per half } \end{gathered}$ |
| $\begin{aligned} & \text { Coed } \\ & 13-14 \end{aligned}$ | 30.0" <br> Circumference | 10 feet | Running <br> Stops last 2 mins. of 4th Qtr | 10 minutes | $2$ <br> per half |
| $\begin{gathered} \text { Coed } \\ 15-17 \end{gathered}$ | 30.0" <br> Circumference | 10 feet | Running <br> Stops last 2 mins. of 4th Qtr | $\begin{gathered} 10 \\ \text { minutes } \end{gathered}$ | $2$ per half |


| AGE | BALL SIZE | HOOP HEGGT | CLOCK | QUARTER LENGTH | TIME OUTS |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Coed 4 | $27.5^{\prime \prime}$ <br> Rookie Gear | 6 Feet | Running | 6 Minutes | None |
| $\begin{gathered} \text { Coed } \\ 5-6 \end{gathered}$ | $27.5^{\prime \prime}$ <br> Rookie Gear | 6 Feet | Running | 6 Minutes | None |
| $\begin{gathered} \text { Coed } \\ 7-8 \end{gathered}$ | 28.5" | 8 Feet | Running | 7 Minutes | None |
| $\begin{aligned} & \text { Girls } \\ & 9-10 \end{aligned}$ | 28.5 " | 10 Feet | RunningStops last 2 min. of 4th Qtr. | 10 Minutes | 2 per half |
| $\begin{aligned} & \text { Boys } \\ & 9-10 \end{aligned}$ | 28.5 " | 10 Feet | RunningStops last 2 min. of 4th Qtr. | 10 Minutes | 2 per half |
| $\begin{aligned} & \text { Girls } \\ & 11-13 \end{aligned}$ | 28.5 " | 10 Feet | RunningStops last 2 min. of 4th Qtr. | 10 Minutes | 2 per half |
| $\begin{gathered} \text { Boys } \\ 11-13 \end{gathered}$ | $\begin{gathered} 30.0^{\prime \prime} \\ \text { Official Size } \end{gathered}$ | 10 Feet | RunningStops last 2 min. of 4th Qtr. | 10 Minutes | 2 per half |

## ( VOLUNTEERING

## LOVE BASKETBALL!

EXCITED TO MAKE A DIFFERENCE IN YOUR COMMUNITY!


WE ARE ARE CURRENTLY SEEKING VOLUNTEERS TO HELP WITH OUR YOUTH BASKETBALL LEAGUE

COACHES AND REFEREES ARE NEEDED FOR ALL AGES AND DIVISIONS IN PRESCOTT \& PRESCOTT VALLEY


IF YOU HAVE 2 TO 3 HOURS A WEEK AND WOULD LIKE TO MAKE A DIFFERENCE IN YOUR COMMUNITY AND IN THE LIFE OF A CHILD PLEASE SIGN UP TODAY

$$
\begin{gathered}
\text { FOR MORE DETAILS CALL } \\
928-445-7221 \text { EXT. } 233 \\
\text { OR VISIT }
\end{gathered}
$$

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

## JAMES FAMILY PRESCOTT YMCA YOUTH BASKETBALL LEAGUE IMPORTANT 2024 SEASON DATES-"A" LEAGUE

## REQUIRED COACH MEETING (ATTENDANCE IS MANDATORY FOR ALL VOLUNTEERS

- MONDAY NOVEMBER 6TH, 6:00PM-7:00PM-----WEDNESDAY NOVEMBER 8TH, 6:00-PM-7:00PM
- MONDAY NOVEMBER 13TH, 6:00PM-7:00PM------WEDNESDAY NOVEMBER 15TH, 6:00-PM-7:00PM
- PV COACH MEETING: MONDAY NOVEMBER 20TH, 6:00PM-7:00PM

OPENING WEEKEND: SATURDAY JANUARY 6TH, 2024
COMPETITIVE "A" LEAGUE IMPORTANT DATES:

- DIVISION "A" TRYOUTS - (PRESCOTT YMCA GYMNASIUM)
- 9-10 YEARS-LAST NAME A-K: 5:00-6:00, TUESDAY NOV. 28TH
- 9-10 YEARS-LAST NAME L-Z: 6815-7:15, TUESDAY NOV. 28TH
- 11-12 YEARS-LAST NAME A-K: 5:00-6:00, WEDNESDAY NOV. 29TH
- 11-12 YEARS-LAST NAME L-Z: 6:15-7:15, WEDNESDAY NOV. 29TH
- 13-14 YEARS-LAST NAME A-K: 5:00-6:00, THURSDAY NOV. 30TH
- 13-14 YEARS-LAST NAME L-Z: 6815-7:15, THURSDAY NOV. 30TH
- 15-17 YEARS-ALL PARTICIPANTS: 5:00-6:30, FRIDAY DEC. 1ST
- DIVISION "A" MAKE-UP TRYOUTS \& DRAFT - (PRESCOTT YMCA GYMNASIUM)
- 9-10 YEARS-11:00 A.M. SATURDAY DECEMBER 2ND
- 11-12 YEARS-9:30 A.M. SATURDAY DECEMBER 2ND

- 13-17 YEARS-8:00 A.M. SATURDAY DECEMBER 2ND
- DIVISION "A" PRACTICE STARTS - DECEMBER 4TH, 2023
- DIVISION "A" FIRST GAME - SATURDAY JANUARY 6TH, 2024
- DIVISION "A" LAST GAME - SATURDAY FEBRUARY 24TH, 2024
- DIVISION "A" TOURNAMENT - FEBRUARY 26TH - MARCH 6TH
- PICTURE DAY - "A" DIVISION - SATURDAY JANUARY 13TH, SCHEDULED TIMES, AT YMCA
- VOLUNTEER APPRECIATION DAY - SATURDAY JANUARY 27TH
- PLEASE LET YOUR VOLUNTEER COACHES, REFEREES, TEAM PARENTS KNOW HOW MUCH YOU APPRECIATE THEM
- SPONSOR APPRECIATION DAY - SATURDAY FEBRUARY 3RD
- PLEASE SHOP LOCALLY AND THANK YOUR YBL TEAM SPONSORS
- PHS NIGHT - TBA
- (WEAR YOUR YBL JERSEY TO A BADGERS HOME GAME, GET IN FREE AND CHEER ON YOUR BADGERS!)
- EMBRY RIDDLE NIGHT- THURSDAY JANUARY 25TH, 2024
- YAVAPAI COLLEGE NIGHT-TBA
- TURKEY SHOOT - FRIDAY NOVEMBER 17TH, 2023
- 16TH ANNUAL FREE THROW \& 3-POINT COMPETITION. COED, AGES 6-99. WIN YOUR THANKSGIVING TURKEY HERE! "A" COMPETITIVE DIVISION DEVOTED TO TEACHING PLAYERS ADVANCED DEFENSIVE AND OFFENSIVE SKILLS, TEAMWORK, AND LEADERSHIP. SUCCESSFUL PARTICIPATION REQUIRES A SINCERE COMMITMENT FROM EVERYONE INVOLVED: PLAYERS, PARENTS, COACHES, AND OFFICIALS.

AGES: COED 9-10, 11-12, 13-14, 15-17
PRACTICE: 2 HOURS/WEEK BEGINNING DEC. 4TH
(NO PRACTICE DEC 18-JAN 1)
8 GAMES: JANUARY 6TH-FEBRUARY 24TH
PLAYING TIME: ONE QUARTER MINIMUM TOURNAMENT: MINIMUM 2 GAMES, FEB. 27TH-MARCH 8TH TRYOUTS: 9-10: TUE, NOV. 28; 11-12: WED, NOV. 29; 13-14: THU, NOV. 30; 15-17: FRI, DEC 1 (SEE TRYOUT TIMES UNDER "A" LEAGUE IMPORTANT DATES) MAKE-UP TRYOUTS: SAT, DEC. 2 (SEE TIMES UNDER "A" LEAGUE IMPORTANT DATES) IF A PLAYER IS NOT DRAFTED, HE/SHE WILL BE PLACED ON A "B" TEAM.
REFUNDS ARE NOT AVAILABLE FOR THE \$20.00 DIFFERENCE OR ANY OTHER YBL REG. FEE

# IMPORTANT 2023 SEASON <br> DATES- "B" LEAGUE 

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

## JAMES FAMILY PRESCOTT YMCA YOUTH BASKETBALL LEAGUE IMPORTANT 2024 SEASON DATES-RECREATIONAL "B" LEAGUE

REQUIRED COACH MEETING (ATTENDANCE IS MANDATORY FOR ALL VOLUNTEERS

- MONDAY NOVEMBER 6TH, 6:00PM-7:00PM-----WEDNESDAY NOVEMBER 8TH, 6:00-PM-7:00PM
- MONDAY NOVEMBER 13TH, 6:00PM-7:00PM-----WEDNESDAY NOVEMBER 15TH, 6:00-PM-7:00PM
- PV COACH MEETING: MONDAY NOVEMBER 20TH, 6:00PM-7:00PM


## OPENING WEEKEND: SATURDAY JANUARY 6TH, 2024

RECREATIONAL "B" LEAGUE IMPORTANT DATES:

- **NEW** DIVISION "B" SKILL EVALUATION - (ARMORY GYMNASIUM)
- BOYS 9-10 YEARS: 5:00-6:30, TUESDAY NOV. 28TH
- DRAFT WILL IMMEDIATELY FOLLOW EVALUATION.
- GIRLS 9-10 YEARS: 5:00-6:30, WEDNESDAY NOV. 29TH
- DRAFT WILL IMMEDIATELY FOLLOW EVALUATION.
- BOYS 11-13 YEARS: 5:00-6:30, THURSDAY NOV. 30TH
- DRAFT WILL IMMEDIATELY FOLLOW EVALUATION.
- GIRLS 11-13 YEARS: 5:00-6:30, FRIDAY DEC. 1ST

- DRAFT WILL IMMEDIATELY FOLLOW EVALUATION.
- DIVISION "B" PRACTICE STARTS - JANUARY 2ND, 2024
- DIVISION "B" FIRST GAME - SATURDAY JANUARY 6TH, 2024
- DIVISION "B" LAST GAME - SATURDAY FEBRUARY 24TH, 2024
- PICTURE DAY - "B"- SATURDAY JANUARY 2OTH , SCHEDULED TIMES, AT YMCA
- PICTURE DAY - "B" DIVISION (PRESCOTT VALLEY) - SATURDAY JANUARY 27TH, SCHEDULED

TIMES (EAST CAMPUS BASKETBALL GYM- PRESCOTT VALLEY)

- VOLUNTEER APPRECIATION DAY - SATURDAY JANUARY 27TH
- PLEASE LET YOUR VOLUNTEER COACHES, REFEREES, TEAM PARENTS KNOW HOW MUCH YOU APPRECIATE THEM
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"B" RECREATIONAL DIVISION
RECREATIONAL FUN THAT REINFORCES BASKETBALL SKILLS, APPRECIATION FOR COMPETITION AND SPORTSMANSHIP IN A RELAXED ATMOSPHERE. SKILL EVALUATIONS WILL NOW BE RUN IN OUR RECREATIONAL "B" LEAGUE (DATES \& TIMES ARE ABOVE).

AGES: COED 4, 5-6, 7-8
GIRLS 9-10, 11-13
BOYS 9-10, 11-13
PRACTICE: 1 HOUR/WEEK BEGINNING JAN 2
8 GAMES: JANUARY 6TH-FEBRUARY 24TH
PLAYING TIME: TWO QUARTER MINIMUM

# JAMES FAMILY PRESCOTT YMCA <br> YOUTH BASKETBALL LEAGUE FREQUENTLY ASKED QUESTIONS 

## PAYMENT

Q. CAN I MAKE PAYMENTS?

- NO. ALL REGISTRATIONS NEED TO BE PAID FOR AT TIME OF REGISTERING. IF YOU REQUIRE FINANCIAL ASSISTANCE, PLEASE REFER TO THE SCHOLARSHIP QUESTION.
Q. CANI GET A SCHOLARSHIP?

YES. APPLICATIONS FOR SCHOLARSHIPS ARE AVAILABLE ONLINE OR AT THE COURTESY COUNTER. ONCE COMPLETED \& SUBMITTED YOU WILL BE CONTACTED WITHIN 2 TO 3 WEEKS WITH INFORMATION AS TO WHETHER OR NOT IT WAS APPROVED AND FOR HOW MUCH.

## TEAM PLACEMENTS

Q. WHAT DAY WILL MY PRACTICE BE?

- ANY DAY MONDAY - FRIDAY, 4:00 - 8:00 P.M. DEPENDING ON THE COACH'S aVAILABILITY AND FACILITY AVAILABILITY. WE UTILIZE 10 DIFFERENT FACILITIES.
Q.WHEN AND WHERE ARE GAMES?

GAMES ARE HELD ON SATURDAYS BETWEEN 8:00 A.M. AND 6:O0 P.M. AT 4 DIFFERENT LOCATIONS IN PRESCOTT. TYPICALLY 4-8 YEARS OLDS PLAY AT YMCA, DIVISION "B" 9-13 YEAR OLDS PLAY AT PHS, DIVISION "A" 9-17 YEAR-OLDS PLAY AT THE ARMORY \& GRANITE MOUNTAIN MIDDLE SCHOOL. SCHEDULES MAY BE SUBJECT TO CHANGE. PRESCOTT VALLEY GAMES WILL ALSO BE HELD ON SATURDAYS BETWEEN 8:OOAM AND 6:OOPM. GAME LOCATION WILL BE THE EAST CAMPUS GYM AT THE HUMBOLDT UNIFIED SCHOOL DISTRICT OFFICE (GAME LOCATION SUBJECT TO CHANGE).
Q.CAN I REQUEST CERTAIN PRACTICE DAYS?

NO. THERE ARE MANY VARIABLES INVOLVED IN ARRANGING PRACTICE SCHEDULES.
Q.CAN I REQUEST A COACH?

NO. TEAM REQUESTS ARE LIMITED TO COACH \& CHILD OR SIBLING RELATIONSHIPS.
Q. CAN I REQUEST TO BE ON ANOTHER PLAYER'S TEAM?

NO, UNLESS IT'S A SIBLING IN THE SAME AGE GROUP
Q. I COACH AT THE LOCAL ELEMENTARY/MIDDLE SCHOOL. CAN I SELECT THE PLAYERS I WANT TO COACH AND MAKE MYOWN DIVISION"B"TEAM? - NO. FOR FAIRNESS AND CONSISTENCY, WE RANDOMLY SELECT TEAM PLAYERS IN DIVISION "B" SIMPLY BASED ON AS EQUAL AS POSSIBLE DISTRIBUTION OF AGES, HEIGHT AND WEIGHT AMONGST TEAMS. IT WOULD NOT BE FAIR TO ANOTHER TEAM IF THE ONE YOU ARE COACHING GETS EXTRA TIME PRACTICING DURING SCHOOL, ETC.

## SIBLINGS

Q. I HAVE 2 CHILDREN IN SEPARATE AGE DIVISIONS PLAYING YBL THIS YEAR. CAN I MAKE SURE THAT THEY BOTH PRACTICE ON THE SAME NIGHT?

NO. UNFORTUNATELY, WITH THE NUMBER OF TEAMS AND PARTICIPANTS WE ARE DEALING WITH EACH SEASON, THE ONLY WAY FOR THIS TO OCCUR IS BY LUCK.
Q. I HAVE 2 CHILDREN PARTICIPANTS IN DIFFERENT AGE GROUPS. CAN I REQUEST THEIR GAMES BE BACK-TO-BACK OR CLOSE IN TIME?

- NO. UNFORTUNATELY, WITH THE NUMBER OF TEAMS AND PARTICIPANTS WE ARE DEALING WITH EACH SEASON, THE ONLY WAY FOR THIS TO OCCUR IS BY LUCK.
Q. I HAVE 2 CHILDREN IN THE SAME AGE GROUP. CAN THEY PLAYON THE SAME TEAM?

YES, UNLESS THEY ARE A BOY AND GIRL IN AGES 9-13 AND PLAYING IN OUR
RECREATIONAL LEAGUE. THEN THEY WOULD PLAY ON A BOYS OR GIRLS 9-10 OR 11-13 TEAM. ALL "A" LEAGUE TEAMS ARE CO-REC.

JAMES FAMILY PRESCOTT YMCA YOUTH BASKETBALL LEAGUE FREQUENTLY ASKED QUESTIONS

## COACHES

Q. CAN ICOACH 2 TEAMS?

YES OR MORE
Q. IF I COACH 2 TEAMS, CAN MY PRACTICES AND GAMES BE BACK TO BACK?

- WE WILL DO OUR BEST TO ACCOMMODATE THIS REQUEST DEPENDING ON TEAM AND FACILITIES FOR EACH AGE GROUP


## DIFFERENCE IN LEAGUES

Q.WHAT IS THE DIFFERENCE BETWEEN DIVISION "A"AND DIVISION "B"? DIVISION "B' IS THE LARGER OF THE TWO AND IS OPEN TO BOYS AND GIRLS BETWEEN THE AGES OF 4-13. IF A CHILD IS BETWEEN 9 YEARS AND 17 YEARS IN AGE, THEY MAY CHOOSE TO TRY OUT FOR THE COMPETITIVE DIVISION ("A"). TEAMS IN DIVISION "A" HAVE a tournament at the end of the season based on team standings.
Q. DO I NEED TO TURN IN A COPY OF MY CHILD'S BIRTH CERTIFICATE?
. NO, UNLESS THERE IS A REQUEST BY A COACH TO VERIFY AGE.
Q. IF MY CHILD DOES NOT MAKE THE "A"LEAGUE, CAN HE/SHEPLAY "B"? YES, WE WILL PUT HIM/HER ON A "B" DIVISION TEAM AUTOMATICALLY IF SHE/HE WAS NOT SELECTED IN THE DRAFT TO PLAY FOR DIVISION "A" TEAM.
Q. WILLI GET A REFUND FOR THE DIFFERENCE IN"A"AND"B"LEAGUE FEES?

- NO, THERE ARE NO REFUNDS BECAUSE THE ADDITIONAL COST IS UTILIZED IN FACILITATING THE 3 DAYS OF TRYOUTS/DRAFT.


## AGE

Q. IF MY CHILD TURNS 9 IN FEBRUARY, CAN THEY PLAY WITH THE 9-10 YEAR OLDS INSTEAD OF 8 YEAR OLDS?

YES, KIDS MAY PLAY UP AN AGE LEVEL, BUT NOT BACK AN AGE LEVEL. ("A" DIVISION PARTICIPANT NEEDS YBL COMMITTEE APPROVAL)
Q. WHAT IF MY CHILD DOES NOT TURN 9 UNTIL 2 MONTHS AFTER THE JANUARY 1ST DEADLINE? CAN SHE/HE PLAY IN 9-10 DIVISION?

- CHILDREN MAY PLAY IN THE NEXT DIVISION UP, WITHOUT SPECIAL PERMISSION, PROVIDING THAT THEY ARE ONLY 1-6 MONTHS YOUNGER THAN IS REQUIRED. PLEASE TAKE YOUR CHILD'S ABILITIES, PEER INTERACTION AND LEVEL OF COMFORT INTO CONSIDERATION FOR THESE CASES.
Q. MY CHILD JUST TURNED 5. CAN SHE/HE PLAY ON THE SAME TEAM AS MY OTHER CHILD, WHO IS 4 YEARS OLD?

NO. ALTHOUGH CHILDREN ARE ALLOWED TO PLAY 'UP' AN AGE DIVISION (SEE ABOVE QUESTION), THEY MAY NOT PLAY ON A TEAM WITH CHILDREN IN THE YOUNGER DIVISION FOR SAFETY REASONS.
Q. WHEN WILL I KNOW WHICH TEAM MY CHILD IS ON?

TEAMS SHOULD BE FORMED BY DECEMBER 16TH, COACHES WILL CALL PLAYERS. IF FOR SOME REASON YOU HAVE NOT HEARD FROM YOUR COACH BY 12/29/23, PLEASE CONTACT THE YMCA SO THAT WE CAN PROVIDE YOU WITH THE NECESSARY INFORMATION.

## REFUNDS

Q. WE SIGNED MY CHILD UP FOR YBL THIS SEASON, BUT WE'VE DECIDED TO ENROLL HIM/HER IN PIANO LESSONS INSTEAD. CAN WE GET A REFUND?

NO. YOUR PAYMENT AT REGISTRATION HELPS US PAY STAFF, ORDER JERSEYS AND EQUIPMENT. WE MAKE THESE ARRANGEMENTS BASED ON THE NUMBER OF CHILDREN enrolled therefore we would not offer the refund in a Case such as this.

## DID YOU HAVEA QUESTION THAT WAS NOT ANSWERED?

CONTACT
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