



APRIL SCHEDULE (SEE SIDE BAR FOR CLOSURES)

GYMNASIUM -- SEE BACK SIDE FOR GYM GUIDELINES

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

***SPECIAL THANKS TO Foothills Bank-MAJOR SPONSOR FOR OUR 2024 YOUTH BASKETBALL LEAGUE!**

APRIL GYM CLOSURES	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>**APRIL 4TH** Gym Closed 9:30am-11:00am Pickleball Lesson 1</p> <p>**APRIL 6TH** Gym Closed 8:00am-6:00pm Youth League Volleyball Games</p> <p>**APRIL 13TH** Gym Closed 8:00am-5:00pm Youth League Volleyball Games</p> <p>**APRIL 11TH** Gym Closed 9:30am-11:00am Pickleball Lesson 2</p> <p>**APRIL 18TH** Gym Closed 9:30am-11:00am Pickleball Lesson 3</p> <p>**APRIL 20TH** Gym Closed 8:00am-6:00pm Youth League Volleyball Games</p> <p>**APRIL 27TH** Gym Closed 8:00am-5:00pm Youth League Volleyball Games</p>	<p>9:00-1:30 Open Gym</p> <p>1:30-3:30 1/2 Open Gym 1/2 Open Volleyball</p>	<p>5:00-7:00 Adult Basketball</p> <p>7:00-9:50 Pickleball</p> <p>10:00-11:00 Y Fit</p> <p>11:00-12:00 Stretch & Flex</p> <p>12:00-2:00 Open Gym</p> <p>2:00-3:00 Open Gym</p> <p>3:00-3:30 Open Gym</p> <p>3:45-5:00 YVL Practice</p> <p>3:45-5:00 1/2 Open Gym 1/2 YVL Practice</p> <p>6:00-8:00 1/2 Open Gym 1/2 City League Volleyball</p> <p>8:00-9:00 1/2 Open Gym 1/2 City League Volleyball</p>	<p>5:00-7:30 Adult Basketball</p> <p>7:30-10:00 Pickleball</p> <p>10:00-10:30 Open Gym</p> <p>11:00-12:00 Open Gym</p> <p>12:00-2:00 Open Gym</p> <p>2:00-3:15 Open Gym</p> <p>3:15-3:45 1/2 Open Gym 1/2 After School Activities</p> <p>3:30-6:00 YVL Practices</p> <p>6:00-8:00 City League Volleyball</p> <p>8:00-9:00 City League Volleyball</p>	<p>5:00-7:00 Adult Basketball</p> <p>7:00-9:50 Pickleball</p> <p>10:00-11:00 Y Fit</p> <p>11:00-12:00 Stretch & Flex</p> <p>12:00-2:00 Open Gym</p> <p>2:00-3:00 Open Gym</p> <p>3:00-3:30 Open Gym</p> <p>3:30-5:00 1/2 Open Gym 1/2 YVL Practices</p> <p>5:00-6:00 YVL Practices</p> <p>6:00-8:00 City League Volleyball</p> <p>8:00-9:00 City League Volleyball</p>	<p>5:00-7:30 Adult Basketball</p> <p>7:30-9:30 Pickleball</p> <p>9:30-11:00 Pickleball Lesson 1 Pickleball Lesson 2 Pickleball Lesson 3</p> <p>10:00-11:00 1/2 Open Gym (if no lessons)</p> <p>11:00-12:00 Open Gym</p> <p>12:00-2:00 Open Gym</p> <p>2:00-3:15 Open Gym</p> <p>3:15-3:45 1/2 Open Gym 1/2 After School Activities</p> <p>3:30-6:00 YVL Practices</p> <p>6:00-8:00 City League Volleyball</p> <p>8:00-9:00 City League Volleyball</p>	<p>5:00-7:00 Adult Basketball</p> <p>7:00-9:50 Pickleball</p> <p>10:00-11:00 Y Fit</p> <p>11:00-12:00 Stretch & Flex</p> <p>12:00-2:00 Open Gym</p> <p>2:00-3:00 Open Gym 1/2 Adult Basketball</p> <p>3:00-3:30 Open Gym</p> <p>3:45-5:00 1/2 Open Gym 1/2 YVL Practices</p> <p>5:00-6:00 YVL Practices</p> <p>6:00-7:00 1/2 Open Gym 1/2 YVL Practices</p>

Open Gym: Shoot Hoops, Walk, Jog, Stretch, etc. (no side or half court games).

Open Volleyball: 1/2 Gym available for open Volleyball Play.

Pickleball: This game is for 2-4 players and uses a net and paddles (similar to Tennis)

Stretch N Flex & Y Fit: Fitness Classes (for more details see monthly fitness schedule)

Child Care Activities: Scheduled exercise & activity time for our YMCA Child Care Program

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