



MAY SCHEDULE (SEE SIDE BAR FOR CLOSURES)

GYMNASIUM -- SEE BACK SIDE FOR GYM GUIDELINES

**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

***SPECIAL THANKS TO Foothills Bank-MAJOR SPONSOR FOR OUR 2024 YOUTH BASKETBALL LEAGUE!**

***SPECIAL THANKS TO DIGNITY HEALTH, YRMC-PRESENTING SPONSOR FOR OUR 46TH ANNUAL WHISKEY ROW MARATHON!**

MAY GYM CLOSURES	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MAY 1ST GYM CLOSED 6:00PM-9:00PM CITY LEAGUE VOLLEYBALL TOURNAMENT	9:00-1:30 Open Gym	5:00-7:00 Adult Basketball	5:00-7:30 Adult Basketball	5:00-7:00 Adult Basketball	5:00-7:30 Adult Basketball	5:00-7:00 Adult Basketball	8:00-5:00 Youth Volleyball League Games (YVL) (check side bar for exact days & times) (ENDS 5/4)
MAY 2ND Gym Closed 9:30am-11:00am Pickleball Lesson 1	1:30-3:30 1/2 Open Gym	7:00-9:50 Pickleball	7:30-10:00 Pickleball	7:00-9:50 Pickleball	7:30-9:30 Pickleball	7:00-9:50 Pickleball	8:00-5:00 Youth Volleyball League Games (YVL) (check side bar for exact days & times) (ENDS 5/4)
MAY 2ND GYM CLOSED 6:00PM-9:00PM CITY LEAGUE VOLLEYBALL TOURNAMENT	1:30-3:30 1/2 Open Volleyball						
MAY 6TH GYM CLOSED 4:30PM-9:00PM YOUTH VOLLEYBALL LEAGUE TOURNAMENT GAMES		10:00-11:00 Y Fit	10:00-10:30 Open Gym	10:00-11:00 Y Fit	9:30-11:00 Pickleball Lesson 1 Pickleball Lesson 2 Pickleball Lesson 3	10:00-11:00 Y Fit	*PLEASE CHECK SIDE BAR FOR GYM CLOSURES
MAY 7TH GYM CLOSED 4:30PM-9:00PM YOUTH VOLLEYBALL LEAGUE TOURNAMENT GAMES					10:00-11:00 1/2 Open Gym (if no lessons)		
MAY 8TH GYM CLOSED 4:30PM-8:00PM YOUTH VOLLEYBALL LEAGUE TOURNAMENT GAMES		11:00-12:00 Stretch & Flex	11:00-12:00 Open Gym	11:00-12:00 Stretch & Flex	11:00-12:00 Open Gym	11:00-12:00 Stretch & Flex	
MAY 9TH Gym Closed 9:30am-11:00am Pickleball Lesson 2		12:00-2:00 Open Gym	12:00-2:00 Open Gym	12:00-2:00 Open Gym	12:00-2:00 Open Gym	12:00-2:00 Open Gym	
MAY 9TH 1/2 GYM CLOSED 4:30PM-9:00PM YOUTH VOLLEYBALL LEAGUE TOURNAMENT GAMES		2:00-3:00 Open Gym	2:00-3:15 Open Gym	2:00-3:00 Open Gym	2:00-3:15 Open Gym	2:00-3:00 Open Gym	2:00-3:00 1/2 Adult Basketball
MAY 10TH 1/2 GYM CLOSED 4:30PM-7:00PM YOUTH VOLLEYBALL LEAGUE TOURNAMENT GAMES		3:00-3:30 Open Gym	3:15-3:45 1/2 Open Gym 1/2 After School Activities	3:00-3:30 Open Gym 3:30-5:00 1/2 Open Gym 1/2 YVL Practices	3:15-3:45 1/2 Open Gym 1/2 After School Activities	3:00-3:30 Open Gym	
MAY 16TH Gym Closed 9:30am-11:00am Pickleball Lesson 3		3:30-6:00 Open Gym	3:30-6:00 Open Gym	5:00-6:00 YVL Practices (ENDS 5/1)	3:30-6:00 YVL Practices (ENDS 5/2)	3:45-5:00 1/2 Open Gym 1/2 YVL Practices (ENDS 5/3)	
MAY 24TH GYM CLOSED 12:00PM-7:00PM PHS GRAD NIGHT		6:00-8:00 Open Gym	6:00-8:00 Open Gym	6:00-8:00 1/2 Open Gym 1/2 City League Volleyball (ENDS 5/1)	6:00-8:00 City League Volleyball (ENDS 5/2)	5:00-6:00 YVL Practices (ENDS 5/3)	
MAY 27TH YMCA CLOSED MEMORIAL DAY		8:00-9:00 Open Gym	8:00-9:00 Open Gym	8:00-9:00 1/2 Open Gym 1/2 City League Volleyball (ENDS 5/1)	8:00-9:00 City League Volleyball (ENDS 5/2)	6:00-7:00 1/2 Open Gym 1/2 YVL Practices (ENDS 5/3)	

Open Gym: Shoot Hoops, Walk , Jog, Stretch, etc. (no side or half court games).

Open Volleyball: 1/2 Gym available for open Volleyball Play.

Pickleball: This game is for 2-4 players and uses a net and paddles (similar to Tennis)

Stretch N Flex & Y Fit: Fitness Classes (for more details see monthly fitness schedule)

Child Care Activities: Scheduled exercise & activity time for our YMCA Child Care Program

JAMES FAMILY PRESCOTT YMCA

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