

MAY SCHEDULE (SEE SIDE BAR FOR CLOSURES)

GYMNASIUM -- SEE BACK SIDE FOR GYM GUIDELINES

***SPECIAL THANKS TO FOOTHILLS BANK-MAJOR SPONSOR OF OUR 2022 YOUTH BASKETBALL LEAGUE!**

***SPECIAL THANKS TO DIGNITY HEALTH, YRMC-SIGNATURE SPONSOR OF OUR 44TH ANNUAL WHISKEY ROW MARATHON!**

****YOU MUST BRING YOUR OWN PICKLEBALL PADDLE****

MAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>GYM CLOSURES</u></p> <p>**MAY 2ND** 1/2 Gym Closed 6:00pm-9:00pm City League Volleyball Tournament</p> <p>**MAY 3RD** 1/2 Gym Closed 6:00pm-9:00pm City League Volleyball Tournament</p> <p>**MAY 4TH** Gym Closed 6:00pm-9:00pm City League Volleyball Tournament</p> <p>**MAY 5TH** Gym Closed 6:00pm-9:00pm City League Volleyball Tournament</p> <p>**MAY 7TH** Gym Closed 8:00am-3:30pm Youth Volleyball League Games</p> <p>**MAY 9TH** Gym Closed 4:30pm-7:30pm Youth Volleyball "A" League Tournament</p> <p>**MAY 10TH** Gym Closed 4:30pm-7:30pm Youth Volleyball "A" League Tournament</p> <p>**MAY 11TH** 1/2 Gym Closed 4:30pm-8:30pm Youth Volleyball "A" League Tournament</p> <p>**MAY 12TH** Gym Closed 4:30pm-7:30pm Youth Volleyball "A" League Tournament</p> <p>**MAY 12TH** Gym Closed 9:30am-11:00am Pickleball Lesson 1</p> <p>**MAY 19TH** Gym Closed 9:30am-11:00am Beg/Int Pickleball Lesson 2</p> <p>**MAY 26TH** Gym Closed 9:30am-11:00am Intermediate Pickleball Lesson</p> <p>**MAY 27TH** Gym Closed 12:00pm-7:00pm PHS Grad Night</p> <p>**MAY 30TH** YMCA Closed Memorial Day</p>	9:00-2:00 Open Gym	5:00-7:00 Adult Basketball	5:00-7:30 Adult Basketball	5:00-7:00 Adult Basketball	5:00-7:30 Adult Basketball	5:00-7:00 Adult Basketball	8:00-4:00 Youth Volleyball Games (YVL) (ends 5/7) (Check side bar for exact days & times)
	2:00-4:00 1/2 Open Gym 1/2 Open Volleyball	7:00-9:50 Pickleball	7:30-10:00 Pickleball	7:00-9:50 Pickleball	7:30-10:00 Pickleball	7:00-9:50 Pickleball	4:00-6:00 Open Gym
		10:00-11:00 Y Fit	10:00-11:00 Open Gym	10:00-11:00 Y Fit	9:30-11:00 Pickleball Lesson 1 (2nd Thur) Pickleball Lesson 2 (must take lesson 1) (3rd Thur) Intermediate Pickleball Lesson (4th Thur) 10:00-11:00 1/2 Open Gym (if no lessons)	10:00-11:00 Y Fit	*PLEASE CHECK SIDE BAR FOR GYM CLOSURES
		11:00-12:00 Stretch & Flex	11:00-12:00 Open Gym	11:00-12:00 Stretch & Flex	11:00-12:00 Open Gym	11:00-12:00 Stretch & Flex	<i>*Pickleball Lesson 1 Every 2nd Thur of the Month*</i>
		12:00-2:30 Open Gym	12:00-2:00 Open Gym	12:00-2:00 Open Gym	12:00-2:00 Open Gym	12:00-2:00 1/2 Open Gym 1/2 Adult Basketball	<i>*Pickleball Lesson 2 (must have taken Lesson 1 to sign up) Every 3rd Thur of the Month*</i>
		2:30-4:00 Open Gym	2:00-4:00 Open Gym	2:00-4:00 Open Gym	2:00-4:00 Open Gym	2:00-4:00 Open Gym	<i>*Pickleball Intermediate Lesson (must have taken Lesson 1 & 2 to sign up) Every 4th Thur of the Month*</i>
		4:00-5:00 1/2 Open Gym 1/2 YVL Practice (ends 5/2)	4:00-5:00 YVL Practice (ends 5/3)	4:00-5:00 YVL Practice (ends 5/4)	4:00-5:00 Open Gym	4:00-5:00 1/2 YVL Practice (ends 5/6) 1/2 Open Gym	<i>*Preregistration Required for pickleball lessons (by preceding Monday)</i>
		5:00-6:00 YVL Practice (ends 5/2)	5:00-6:00 YVL Practice (ends 5/3)	5:00-6:00 YVL Practice (ends 5/4)	5:00-6:00 YVL Practice (ends 5/5)	5:00-6:00 YVL Practice (ends 5/6)	
		6:00-8:00 1/2 YVL Practice (ends 5/2) 1/2 City League Volleyball (ends 5/2)	6:00-7:00 1/2 YVL Practice (ends 5/3) 1/2 City League Volleyball (ends 5/3)	6:00-8:00 City League Volleyball (ends 5/4)	6:00-8:00 City League Volleyball (ends 5/5)	6:00-7:00 1/2 YVL Practice (ends 5/6) 1/2 Open Gym	
		8:00-9:00 1/2 Open Gym 1/2 City League Volleyball (ends 5/2)	7:00-9:00 1/2 Open Gym 1/2 City League Volleyball (ends 5/3)	8:00-9:00 City League Volleyball (ends 5/4)	8:00-9:00 City League Volleyball (ends 5/5)		

Open Gym: Shoot Hoops, Walk , Jog, Stretch, etc. (no side or half court games).

Open Volleyball: 1/2 Gym available for open Volleyball Play.

Pickleball: This game is for 2-4 players and uses a net and paddles (similar to Tennis)

Stretch N Flex & Y Fit: Fitness Classes (for more details see monthly fitness schedule)

Child Care Activities: Scheduled exercise & activity time for our YMCA Child Care Program

JAMES FAMILY PRESCOTT YMCA

750 Whipple Street, Prescott, AZ 86301 -- P 928 445 7221 -- F 928 445 5135--www.prescottymca.org