



**MARCH SCHEDULE (SEE SIDE BAR FOR CLOSURES)**  
**GYMNASIUM -- SEE BACK SIDE FOR GYM GUIDELINES**

FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

**\*SPECIAL THANKS TO Foothills Bank-MAJOR SPONSOR OF OUR 2023 YOUTH BASKETBALL LEAGUE!**

<b>MARCH GYM CLOSURES</b>	<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>**MARCH 1ST**</b> Gym Closed 4:30pm-9:00pm "A" League Tournament Games (YBL)	9:00-1:30 Open Gym	5:00-7:00 Adult Basketball	5:00-7:30 Adult Basketball	5:00-7:00 Adult Basketball	5:00-7:30 Adult Basketball	5:00-7:00 Adult Basketball	8:00-4:00 Open Gym
<b>**MARCH 3RD**</b> Gym Closed 4:00pm-8:00pm "A" League Tournament Games (YBL)	1:30-3:30 1/2 Open Gym 1/2 Open Volleyball	7:00-9:50 Pickleball	7:30-10:00 Pickleball	7:00-9:50 Pickleball	7:30-9:30 Pickleball	7:00-9:50 Pickleball	4:00-6:00 Open Gym
<b>**MARCH 3RD**</b> Gym Closed 8:00am-3:00pm "A" League Tournament Games (YBL)		10:00-11:00 Y Fit	10:00-11:00 Open Gym	10:00-11:00 Y Fit	9:30-11:00 Pickleball Lesson 1 (2nd Thur) Pickleball Lesson 2 (3rd Thur) Pickleball Lesson 3 (4th Thur) 10:00-11:00 1/2 Open Gym (if no lessons)	10:00-11:00 Y Fit	*PLEASE CHECK SIDE BAR FOR GYM CLOSURES
<b>**MARCH 5TH**</b> Gym Closed 10:30am-3:00pm Pickleball Fundraiser		11:00-12:00 Stretch & Flex	11:00-12:00 Open Gym	11:00-12:00 Stretch & Flex	11:00-12:00 Open Gym	11:00-12:00 Stretch & Flex	
<b>**MARCH 9TH**</b> Gym Closed 4:30pm-7:00pm "A" League Volleyball Tryouts		12:00-2:00 Open Gym	12:00-3:00 Open Gym	12:00-2:00 Open Gym	12:00-3:00 Open Gym	12:00-2:00 Open Gym	
<b>**MARCH 9TH**</b> Gym Closed 9:30am-11:00am Pickleball Lesson 1							
<b>**MARCH 9TH**</b> Gym Closed 1:30PM-2:30PM Annual Campaign Event							
<b>**MARCH 13TH-MARCH 17**</b> Gym Closed 12:30pm-1:30pm Child Care Gym Activities		2:00-4:00 Open Gym	3:00-3:45 1/2 Open Gym 1/2 Child Care Gym Activities	2:00-4:00 Open Gym	3:00-3:45 1/2 Open Gym 1/2 Child Care Gym Activities	2:00-4:00 Open Gym 1/2 Adult Basketball	
<b>**MARCH 16TH**</b> Gym Closed 9:30am-11:00am Pickleball Lesson 2		4:00-5:00 YVL Practices (starts 3/20)	4:00-5:00 YVL Practices (starts 3/21)	4:00-5:00 YVL Practices (starts 3/22)	4:00-5:00 YVL Practices (starts 3/23)	4:00-5:00 YVL Practices (starts 3/24)	
<b>**MARCH 16TH**</b> Gym Closed 1:30PM-2:30PM Annual Campaign Event							
<b>**MARCH 23RD**</b> Gym Closed 9:30am-11:00am Pickleball Lesson 3		5:00-6:00 YVL Practice	5:00-6:00 YVL Practices	5:00-6:00 YVL Practices	5:00-6:00 YVL Practices	5:00-7:00 YVL Practices	
<b>**March 25TH**</b> Gym Closed 8:00am-6:00pm Y-Madness 3 on 3 Basketball Tournament		6:00-8:00 1/2 YVL Practice 1/2 City League Volleyball (starts 3/20)	6:00-8:00 City League Volleyball (starts 3/21)	6:00-8:00 City League Volleyball (starts 3/22)	6:00-8:00 City League Volleyball (starts 3/23)		
<b>**CITY LEAGUE VOLLEYBALL BEGINS MARCH 20TH**</b>		8:00-9:00 1/2 Open Gym 1/2 City League Volleyball	8:00-9:00 City League Volleyball	8:00-9:00 City League Volleyball	8:00-9:00 City League Volleyball		
<b>**YMCA YOUTH VOLLEYBALL LEAGUE PRACTICES BEGIN MARCH 20TH**</b>							

**Open Gym:** Shoot Hoops, Walk , Jog, Stretch, etc. (no side or half court games).

**Open Volleyball:** 1/2 Gym available for open Volleyball Play.

**Pickleball:** This game is for 2-4 players and uses a net and paddles (similar to Tennis)

**Stretch N Flex & Y Fit:** Fitness Classes (for more details see monthly fitness schedule)

**Child Care Activities:** Scheduled exercise & activity time for our YMCA Child Care Program

**JAMES FAMILY PRESCOTT YMCA**

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