

AUGUST SCHEDULE (SEE SIDE BAR FOR CLOSURES)

GYMNASIUM--- SEE BACK SIDE FOR GYM RULES

Open Gym: Shoot Hoops, Walk, Jog, Stretch, etc. (no side or half court games)

Adult Basketball: Adult full or half court games

Pickleball: This game is for 2-4 players and uses a net and paddles (similar to tennis).

Preschool/Afterschool: Scheduled exercise & activity time for our YMCA Child Care Programs.

Boot Camp & Mommy N Me: Fitness classes (for more details see monthly fitness schedule)

GYM CLOSURES:

****August 19th****

Gym Closed
6:00pm-10:00pm
City League Basketball
Championship

****August 21st****

Gym Closed
6:00pm-10:00pm
City League Basketball
Championship

****August 27th****

Gym Closed
6:00pm-10:00pm
City League Basketball
Championship

****August 28th****

Gym Closed
9:30am-10:50am
Advanced Pickleball Clinic

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5:00-7:00 Adult Basketball	5:00-7:30 Adult Basketball	5:00-7:00 Adult Basketball	5:00-7:30 Adult Basketball	5:00-7:00 Adult Basketball	6:00-8:00 ½ Adult Basketball ½ Open Gym
9:00-9:30 ½ Open Gym ½ Pick Up Games	7:00-10:00 Pickleball	7:30-9:30 Pickleball	7:00-10:00 Pickleball 9:30-10:50 Pball Lessons (3 rd Wed) Pball Clinic (4 th Wed)	7:30-9:30 Pickleball	7:00-8:30 Pickleball 8:30-10:00 BOOT CAMP	8:00-4:00 ½ Open Gym ½ Pick Up Games
9:30-10:15 ½ Open Gym ½ Pickup games	10:00-10:50 ½ Open Gym ½ Pickleball	9:30-10:30 ½ Mommy/Me ½ Pickleball	10:00-10:50 Open Gym (if no pickleball lessons or clinic) ½ Pickleball	9:30-10:30 ½ Mommy/Me ½ Pickleball	10:00-10:50 ½ Open Gym ½ Pick Up Games	4:00-6:00 ½ Open Gym ½ Pick Up Games
10:15-11:00 ½ Open Gym ½ Pick Up Games	11:00-12:00 <i>Stretch N Flex Fitness Class</i>	10:30-12:00 ½ Open Gym ½ Pickup Games	11:00-12:00 <i>Stretch N Flex Fitness Class</i>	10:30-12:00 ½ Open Gym ½ Pickup Games	11:00-12:00 <i>Stretch N Flex Fitness Class</i>	6:00-8:00 ½ Open Gym ½ Pick Up Games.
11:00-2:00 ½ Pickup games ½ open gym	12:00-3:00 ½ Open Gym ½ Pick Up Games	12:00-2:30 ½ Open Gym ½ Pick Up Games	12:00-3:00 ½ Open Gym ½ Pick Up Games	12:00-2:30 ½ Open Gym ½ Pick Up Games	12:00-2:00 Adult Basketball	*PLEASE CHECK SIDE BAR FOR GYM CLOSURES
2:00-3:30 ½ Open Gym ½ Pickleball	3:00-4:00 ½ Open Gym ½ Afterschool & Childcare Activities	2:30-4:00 ½ Open Gym ½ Pickup Games	3:00-4:00 ½ Open Gym ½ Afterschool & Childcare Activities	2:30-4:00 ½ Open Gym ½ Pickup Games	2:00-4:00 ½ Open Gym ½ Pickup Games	*Beginner Pickleball Lessons Every 3 rd Wed of the Month*
3:30-4:00 ½ Open Gym ½ Pickup Games	4:00-6:00 ½ Open Gym ½ Pick Up Games	4:00-6:00 ½ Open Gym ½ Pick Up Games	4:00-6:00 ½ Open Gym ½ Pick Up Games	4:00-6:00 ½ Open Gym ½ Pickup Games	4:00-6:00 ½ Open Gym ½ Pick Up Games	*Preregistrati on Required for pickleball lessons (by preceding Wed)*
4:00-5:00 ½ Open Gym ½ Pickup Games	6:00-9:00 City League Basketball (Ends 8/19)	6:00-10:00 City League Basketball (Ends 8/27)	6:00-10:00 City League Basketball (Ends 8/21)	6:00-10:00 ½ Open Gym ½ Pick Up Games	6:00-10:00 ½ Open Gym ½ Pick Up Games	*Preregistrati on is required for Advanced pickleball clinic
5:00-6:00 ½ Open Gym ½ Pick Up Games	10:00-11:00 ½ Open Gym ½ Pickup Games	10:00-11:00 ½ Open Gym ½ Pickup Games	10:00-11:00 ½ Open Gym ½ Pickup Games	10:00-11:00 ½ Open Gym ½ Pickup Games	10:00-11:00 ½ Open Gym ½ Pickup games	