

FEBRUARY SCHEDULE (SEE SIDE BAR FOR CLOSURES)

GYMNASIUM---SEE BACK SIDE FOR GYM RULES

SPECIAL THANKS TO FOOTHILLS BANK, MAJOR SPONSOR OF OUR 2020 YBL

FEBRUARY GYM CLOSURES	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Feb. 1st Gym Closed 7:30am-2:30pm YBL Games		5:00-7:00 Adult Basketball	5:00-7:30 Adult Basketball	5:00-7:00 Adult Basketball	5:00-7:30 Adult Basketball	5:00-7:00 Adult Basketball	6:00-7:30 ½ Adult Basketball ½ Open Gym
Feb. 3rd Gym Closed 4:00pm-7:00pm YBL Practices	9:00-9:30 ½ Open Gym	7:00-10:00 Pickleball	7:30-9:30 Pickleball	7:00-10:00 Pickleball	7:30-9:30 Pickleball	7:00-8:25 Pickleball	7:30-2:30 Youth Basketball Games (YBL) (Check side bar for exact days & times)
Feb. 5th Gym Closed 9:30am-10:50am Practice Play Clinic for New Players	½ Pick Up Games			9:30-10:50 Pball Lessons (3rd Wed) Pball Clinic (4th Wed)		8:25-9:25 ½ Total Body HIIT ½ Pickleball	
Feb. 5th & 12th Gym Closed 4:00pm-6:00pm YBL Practices	9:30-10:15 ½ Open Gym ½ Pick Up Games	10:00-10:50 ½ Pickleball ½ Open Gym	9:30-10:30 ½ Mom/Me ½ Pickleball	10:00-10:50 ½ Pickleball ½ Open Gym (if no pickleball lessons or clinic)	9:30-10:30 ½ Mom/Me ½ Pickleball	9:25-10:50 ½ Pickleball ½ Open Gym	2:30-6:30 YBL Games (if nec) (Check side bar for exact days & times)
Feb. 8th ½ Gym Closed 7:30am-2:30pm YBL Games							
Feb. 10th Gym Closed 4:00pm-7:00pm YBL Practices	10:15-11:00 ½ Open Gym ½ Pick Up Games	11:00-12:00 Stretch N Flex	10:30-12:00 ½ Open Gym ½ Pick Up Games	11:00-12:00 Stretch N Flex	10:30-12:00 ½ Open Gym ½ Pick Up Games	11:00-12:00 Stretch N Flex	6:30-8:00 ½ Open Gym ½ Pick Up Games
Feb. 13th Gym Closed 4:00pm-8:00pm Campaign Kickoff	11:00-2:00 ½ Open Gym ½ Pick Up Games	12:00-2:30 ½ Open Gym ½ Pick Up Games	12:00-3:00 ½ Open Gym ½ Pick Up Games	12:00-3:00 ½ Open Gym ½ Pick Up Games	12:00-3:00 ½ Open Gym ½ Pick Up Games	12:00-2:00 Adult Basketball	*PLEASE CHECK SIDE BAR FOR GYM CLOSURES
Feb. 14th 1/2 Gym Closed 2:00pm-3:30pm Child Care Activities							
Feb. 15th Gym Closed 7:30am-6:30pm YBL Games	2:00-3:30 ½ Open Gym ½ Pickleball	2:30-3:45 ½ Open Gym ½ Child Care Activities	2:30-4:00 ½ Open Gym ½ Pick Up Games	3:00-4:00 ½ Open Gym ½ Pick Up Games	2:30-4:00 ½ Open Gym ½ Pick Up Games	2:00-4:00 ½ Open Gym ½ Pick Up Games	<i>*Beginner Pickleball Lessons Every 3rd Wed of the Month*</i>
Feb. 17th 1/2 Gym Closed 2:00pm-3:30pm Child Care Activities	3:30-6:00 ½ Open Gym ½ Pick Up Games	4:00-6:00 ½ Open Gym ½ YBL Practices	4:00-6:00 YBL Practices	4:00-6:00 YBL Practices	4:00-7:00 ½ Open Gym ½ YBL Practices	4:00-7:00 ½ Open Gym ½ YBL Practices	<i>*Preregistration Required for pickleball lessons (by preceding Wed)*</i>
Feb. 19th Gym Closed 9:30am-10:50am Beginner Pickleball Lessons							
Feb. 22nd Gym Closed 7:30am-2:30pm YBL Games		6:00-10:00 ½ Open Gym ½ Pick Up Games	6:00-10:00 City League Basketball	6:00-10:00 City League Basketball	6:00-10:00 ½ Open Gym ½ YBL Practices	7:00-10:00 ½ Open Gym ½ Pick Up Games	<i>*Preregistration is required for Advanced pickleball clinic*</i>
Feb. 26th Gym Closed 9:30am-10:50am Advanced Pickleball Clinic		10:00-11:00 ½ Open Gym ½ Pick Up Games	10:00-11:00 ½ Open Gym ½ Pick Up Games	10:00-11:00 ½ Open Gym ½ Pick Up Games	10:00-11:00 ½ Open Gym ½ Pick Up Games	10:00-11:00 ½ Open Gym ½ Pick Up Games	
Feb. 29th Gym Closed 7:30am-2:30pm YBL Games							

Open Gym: Shoot Hoops, Walk , Jog, Stretch, etc. (no side or half court games).

Adult Basketball: Adult full or half court games

Pickleball: This game is for 2-4 players and uses a net and paddles (similar to Tennis)

Preschool/Afterschool: Scheduled exercise & activity time for out YMCA Child Care Program

Mommy N Me/Stretch N Flex/Total Body HIIT : Fitness Classes (for more details see monthly fitness schedule)

JAMES FAMILY PRESCOTT YMCA -- 750 Whipple Street, Prescott, AZ 86301 -- P 928 445 7221 F 928 445 5135

www.prescottymca.org