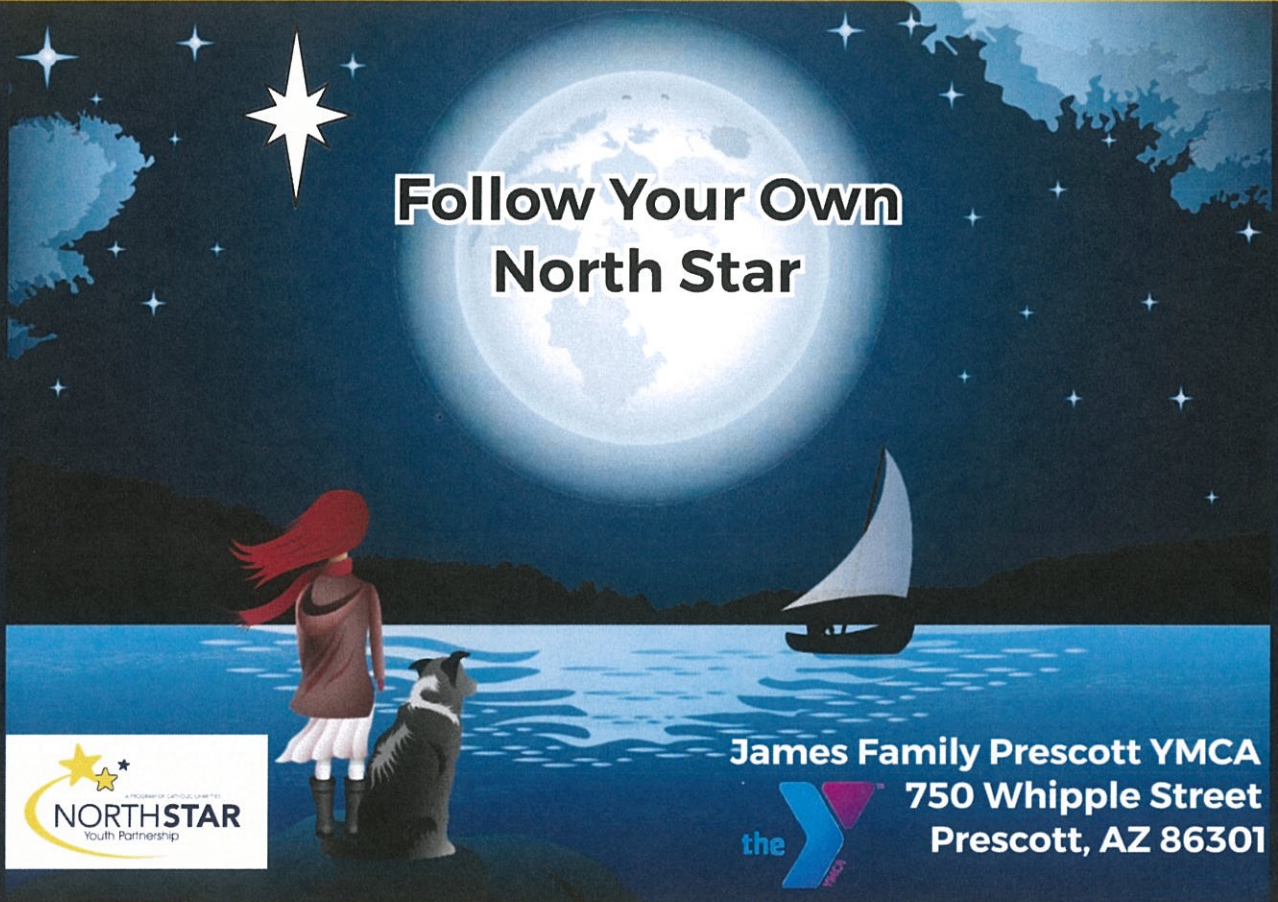


19th ANNUAL
Girls & Sports Day

Celebrating 19 years of empowering girls to make positive choices and live healthy lives

**Follow Your Own
 North Star**



James Family Prescott YMCA
 750 Whipple Street
 Prescott, AZ 86301



Saturday, September 25, 2021

1:30 p.m. - 6:00 p.m.

7-8
**OBSTACLE COURSE,
 GYMNASTICS,
 BROOMBALL**

9-10
**SOCCER,
 KICKBALL,
 POUND**

11-14
**VOLLEYBALL,
 PICKLEBALL,
 SELF-DEFENSE**

Missy Townsend was named Athletic Director at Prescott High School in 2015 and became the first female Athletic Director at Prescott in its 118 year history. She currently oversees 19 sport programs, 47 teams, 80 coaches, and almost 500 athletes at Prescott High School.

After graduating from Cactus High School where she won two state championships in basketball and volleyball, she attended Yavapai College on a basketball scholarship. After her sophomore year at Yavapai, she transferred to the University of Missouri-Kansas City where she realized her goal of playing D-I basketball. At UMKC she was awarded the Jim and Sally Job Award for the Most Promising Young Player, the Les Milgram Award for the athlete that exemplifies Sportsmanship and was also named to the Mid-Continent Conference All-Academic Team. Townsend graduated from UMKC with a Bachelor of Arts degree in Secondary Education and History.





Girls & Sports Day 2021 COVID-19 Safety Precautions

1. Following CDC guidelines, if a person has a temperature of 100.4°F/38°C or higher, or any COVID-19 related symptoms, they cannot participate in the event.
2. Cloth face masks are strongly encouraged, but optional for the participants and volunteers.
3. Hand sanitizer will be plentiful at sports stations, registration and during dinner.
4. Sports equipment will be sanitized in between use.
5. Dinner will be served observing CDC guidelines for physical distancing.
6. Participants are asked to bring their own water bottles. Water stations will be set up to refill water bottles (frequently sanitized).

REGISTRATION BEGINS

Monday, August 16, 2021

James Family Prescott YMCA

For your convenience, you may download the registration form at www.northstaryouth.org or at www.prescottymca.org prior to registering at the James Family Prescott YMCA.

Note: A permission slip and liability waiver **MUST** be signed by a parent/guardian. Girls with special needs must always be accompanied by a parent/guardian.

Check-in & Late Registration- 1:00 – 1:30 p.m.

Girls who are pre-registered **MUST** check-in to the YMCA by 1:15 p.m. on September 25 or spots may be given to other girls. Late registration is open for those who did not pre-register prior to September 25th and if space is available.

Space is limited to 150 girls. Do not delay, sign-up today!

What to Wear & Bring:

Comfortable clothes, athletic shoes, water bottle and sunscreen (no flip-flops, sandals, skirts, etc.)

Each girl will receive a backpack filled with goodies!

What NOT to Bring:

Electronic devices and any valuable personal items. GIRLS & SPORTS DAY STAFF, VOLUNTEERS AND PARTICIPATING ORGANIZATIONS ARE NOT RESPONSIBLE FOR LOST OR STOLEN ITEMS.

Girls & Sports Day is organized and sponsored by:

- **North Star Youth Partnership, a program of Catholic Charities Community Services**
- **James Family Prescott YMCA**

Addition Funding Provided by:

- **Dignity Health
Yavapai Regional Medical Center**

Dinner Provided by:

- **Papa John's Pizza and Panera Bread**

Cost: JUST \$15! This fee includes:

a fun-filled day of sports, friends, a backpack filled with goodies, and dinner!

For more information or to volunteer:

Call Diane DeLong – Senior Program Manager, North Star Youth Partnership: 928.708.7214 or Jaime DeJoseph – Sports Director, James family Prescott YMCA: 928.445.7221



NORTH STAR YOUTH PARTNERSHIP
PRESCOTT YMCA OF YAVAPAI COUNTY



northstaryouthpartnership
jamesfamilyymca

