FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

James Family Prescott YMCA

Spring Break March 11-15 2019

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LAP SWIM	9:00a-11:50a (6) 11:50a-5:45p (3)	5:00a-8:20a (6) 8:20a-9:30a(1) 9:30a-12:00p (3) 1:05p-2:05p (2) 2:05p-3:25p (3) 5:00p-8:45p (3)	5:00a-9:15a (6) 9:15a-1:20p (3) 1:20p-3:25p (3) 7:00p-8:45p (3)	5:00a-8:20a (6) 8:20a-9:30a(1) 9:30a-1:25p (3) 1:25p-3:25p (3) 5:00p-8:45p (3)	5:00a-9:15a (6) 9:15a-1:20p (2) 1:20p-3:25p (3) 7:00p-8:45p (3)	5:00a-8:20a (6) 8:20a-9:30a(1) 9:30a-1:25p (3) 1:25p-3:25p (3) 5:00p-8:45p (3)	6:00a-11:50a (5) 11:50a-7:45p (3)
OPEN REC	12:00p-5:45p	2:05-5:00p 7:00p-8:45p	1:30p-5:00p 7:00p-8:45p	1:30p-5:00p 7:00p-8:45p	1:30p-5:00p 7:00p-8:45p	1:30p-5:00p 7:00p-8:45p	12:00p-7:45p
YMCA CAMPS		9:00a-11:00a (Deep) 9:00a-1:30p (2) 3:00-4:30p	9:00a-12:00p (Deep) 9:00a-1:30p (2) 2:15p-3:45p Preschool 3:00-4:30p	9:00a-12:00p (Deep) 9:00a-1:30p (2) 3:30-5:00	9:00a-12:00p (Deep) 9:00a-1:30p (2) 2:15p-3:45p Preschool 3:00-4:30p	9:00a-12:00p (Deep) 9:00a-1:30p (2) 3:00-4:30p	
WATER AERBOICS		8:30a-9:20a (5) 11:00-11:50a (Deep)	8:00a-9:00a (Deep)	8:30a-9:20a (5) 11:00-11:50a (Deep)	8:00a-9:00a (Deep)	8:30a-9:20a (5) 11:00-11:50a (Deep)	
WARM WATER EXERCISE		7:00a-7:50a 8:00a-8:50a 9:00a-9:50a 10:00a-10:50a 5:10p-6:00p	9:00a-9:50a 10:00-10:50a 11:00-11:50a	7:00a-7:50a 8:00a-8:50a 9:00a-9:50a 10:00-10:50a 5:10p-6:00p	9:00a-9:50a 10:00-10:50a 11:00-11:50a	7:00a-7:50a 8:00a-8:50a 9:00a-9:50a 10:00-10:50a 5:10p-6:00p	
OPEN EXERCISE (D)=Dive Well (#)= # lanes in Lap Pool	9:00a-11:55a (D)	5:00a-8:50a (D) 9:15a-12:00p (1) 5:00p-7:00p (D)	5:00a-7:55a (D) 9:15a-1:20p (1)	5:00a-8:50a (D) 9:15a-12:00p (1) 5:00p-7:00p (D)	5:00a-7:55a (D) 9:15a-1:20p (1)	5:00a-8:50a (D) 9:15a-12:00p (1) 5:00p-7:00p (D)	6:00a-11:55a (D) 6:00a-11:55a (1)
GROUP SWIM LESSONS			**Youth Lessons:** No CLASS		**Youth Lessons:** NO CLASS		**Swim Starters:** 9:00a-10:00a **Adult:** 9:00a-9:45a
SNAP		1:00p-2:00p (4)					
PARENT CHILD SWIM (WARM POOL)	9:00a-12:00p	8:00a-1:30p 5:00p-7:00p	8:00a-1:30p 5:00p-7:00p	8:00a-1:30p 5:00p-7:00p	8:00a-1:30p 5:00p-7:00p	8:00a-1:30p 5:00p-7:00p	8:00a-12:00p