



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Prescott YMCA Gymnastics Schedule

JANUARY 2022

SESSION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Tumble Tots	9:00am-9:45am		9:00am-9:45am		9:00am-9:45am	9:00am-9:45am
TOT Playtime			10:00am-11:00am			
Girls Recreational	3:30pm-4:30pm	3:30pm-4:30pm	3:30pm-4:30pm	3:30pm-4:30pm	3:30pm-4:30pm	
				4:30pm-5:30pm		
Boys Recreational		3:30pm-4:30pm		3:30pm-4:30pm		
				4:30pm-5:30pm		
Home School	9:00am-10:00am		9:00am-10:00am			
Girls Prep 2		3:00pm-4:30pm		3:00pm-4:30pm		OPEN GYM SATURDAYS 10:00-12pm
Girls Prep 3*	3:00pm-5:00pm		3:00pm-5:00pm		1:30pm-3:30pm	
<i>*Additional time Available</i>					3:30pm-5:30pm	
Girls Team						
Level 3	3:00pm-6:30pm		3:00pm-6:30pm		1:30pm-5:00pm	
Level 4/5		3:30pm-7:00pm		3:30pm-7:00pm	3:30pm-7:00pm	
Level 6-9	3:30pm-7:00pm	3:30pm-7:00pm		3:30pm-7:00pm	3:30pm-7:00pm	
XCEL		3:30pm-6:30pm	3:30pm-6:30pm	3:30pm-6:30pm		
Boys Pre-Team	3:00pm-5:00pm		3:00pm-5:00pm		1:30pm-3:00pm	<u>Birthday Parties</u> Saturdays 1PM and 330PM
Boys Team	3:00pm-6:30pm		3:00pm-6:30pm		1:30pm-5:00pm	
Early Drop Off	2:30pm-3:00pm	2:30pm-3:00pm	2:30pm-3:00pm	2:30pm-3:00pm		
Silk Classes (Ages 8+)		3:30pm-4:30pm *		3:30pm-4:30pm**		
		4:30pm-5:30pm *		4:30pm-5:30pm**		
Aerial Lyra Workshop(Jan)(8+)		5:30pm-6:30pm				

*Beginner

**Int/Adult

CLASS DESCRIPTIONS

Tumble Tots: 18 months through 5 years. 45 minute classes **\$15/month**

Girls: 7 years and up **\$18/month**

Girls progressively learn skills on each of the women's Olympic events: vault, uneven bars, beam, and floor exercise. Dance, stretching, rope climbing, strength training, and tumbling trampoline are utilized to further skill development.

Boys: 7 year and up. **\$18/month**

Boys progressively learn skills on men's Olympic events: pommel, still rings, vault, parallel bars, horizontal bar, and floor. Stretching, rope climbing, strength training, and tumbling trampoline are utilized to further skill development

Prescott Lightning and Thunder Pre-Team/Teams: Coach Invitation Only. **\$56/2 days per month** **\$84/3 days per month**

Early Drop off: \$5/day

Prep 3 and Team gymnasts dropped off before class time

Aerial Silks: Classes now open for Tuesdays (Beginner) and Thursdays (Int/Adult) 8 years and up.

Open Gym: Members \$6

Community \$8

Come in for a time of fun, learning a new skill, or practicing the skills you already know!

TOT Playtime: \$4

We have set aside a time for children under the age of 5 to come in and play.

Parents Night Out

Members \$15

Community \$20

***\$5 discount per sibling**

Schedule for Parents Night Out: *Jan 8, Jan 22, Feb 5, Feb 19, Mar 5, Mar 19, Apr 2, Apr 23, May 7, May 21, Jun 4, Jun 18*

REGISTRATION

\$30.00 annual non-refundable registration fee. Valid February 1, 2020-January 31, 2021. Fee is **not** prorated.

An official registration card and annual waiver completed and turned into the YMCA Gymnastic front desk.

YMCA Gymnastics is a *monthly, pre-paid* program. Fees are due the *first* of each month. A \$10 *late fee* will be attached for payments received after the 5th of the month. There are no refunds, transfers or credits. Credit is not given for absences, holidays or snow days. Tuition is based on four weeks. Fifth week classes are complimentary and in lieu of credit. Membership and program payments must be current with no balance due owed before gaining facility access or signing up for another program.