



# James Family Prescott YMCA Preschool Activity Schedule August - December 2019

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Room 2, Room 3 & Room 5

| Monday                                                                                         | Tuesday                                                                                        | Wednesday                                                                                      | Thursday                                                                                       | Friday                                                                                                       |
|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
| 6:30-7:50<br>Free Play<br>(Rm 1)                                                               | 6:30-7:50<br>Free Play<br>(Rm 1)                                                               | 6:30-7:50<br>Free Play<br>(Rm 1)                                                               | 6:30-7:50<br>Free Play<br>(Rm 1)                                                               | 6:30-7:50<br>Free Play<br>(Rm 1)                                                                             |
| 7:50-8:00<br>Transition to<br>Classroom                                                        | 7:50-8:00<br>Transition to<br>Classroom                                                        | 7:50-8:00<br>Transition to<br>Classroom                                                        | 7:50-8:00<br>Transition to<br>Classroom                                                        | 7:50-8:00<br>Transition to<br>Classroom                                                                      |
| 8:00-8:30<br>Free Play                                                                         | 8:00-8:30<br>Free Play                                                                         | 8:00-8:30<br>Free Play                                                                         | 8:00-8:30<br>Free Play                                                                         | 8:00-8:30<br>Free Play                                                                                       |
| 8:15-8:45<br>Bathroom<br>Wash hands/Snack                                                      | 8:15-8:45<br>Bathroom<br>Wash hands/Snack                                                      | 8:15-8:45<br>Bathroom<br>Wash hands/Snack                                                      | 8:15-8:45<br>Bathroom<br>Wash hands/Snack                                                      | 8:15-8:45<br>Bathroom<br>Wash hands/Snack                                                                    |
| 8:45-9:30<br>Playground                                                                        | 8:45-9:30<br>Playground                                                                        | 8:45-9:30<br>Playground                                                                        | 8:45-9:30<br>Playground                                                                        | 8:45-9:30<br>Playground                                                                                      |
| 9:30-10:45<br>Bathroom as needed<br>Circle Time<br>Open Choice<br>Themed Centers<br>Activities | 9:30-10:45<br>Bathroom as needed<br>Circle Time<br>Open Choice<br>Themed Centers<br>Activities | 9:30-10:45<br>Bathroom as needed<br>Circle Time<br>Open Choice<br>Themed Centers<br>Activities | 9:30-10:45<br>Bathroom as needed<br>Circle Time<br>Open Choice<br>Themed Centers<br>Activities | 9:30-10:45<br>Bathroom as needed<br>Circle Time<br>Open Choice<br>Themed Centers<br>Activities<br>Transition |
| 10:45-11:15<br>Playground                                                                      | 10:45-11:15<br>Playground                                                                      | 10:45-11:15<br>Playground                                                                      | 10:45-11:15<br>Playground                                                                      | 10:45-11:45<br>Transition<br><b>Gymnastics</b>                                                               |
| 11:15-11:30<br>Bathroom<br>Wash Hands                                                          | 11:15-11:30<br>Bathroom<br>Wash Hands                                                          | 11:15-11:30<br>Bathroom<br>Wash Hands                                                          | 11:15-11:30<br>Bathroom<br>Wash Hands                                                          | 11:45-12:00<br>Transition<br>Bathroom/Wash Hands                                                             |
| 11:30-12:00<br>Lunch                                                                           | 11:30-12:00<br>Lunch                                                                           | 11:30-12:00<br>Lunch                                                                           | 11:30-12:00<br>Lunch                                                                           | 12:00-12:30<br>Lunch                                                                                         |
| 12:00-2:00<br>Nap Time                                                                         | 12:00-2:15<br>Nap Time                                                                         | 12:00-2:00<br>Nap Time                                                                         | 12:00-2:15<br>Nap Time                                                                         | 12:30-2:30<br>Nap Time                                                                                       |
| 2:00-2:15<br>Bathroom                                                                          | 2:15-2:30<br>Bathroom                                                                          | 2:00-2:15<br>Bathroom                                                                          | 2:15-2:30<br>Bathroom                                                                          | 2:30-2:45<br>Bathroom                                                                                        |
| 2:15-3:25<br>Snack/Free Play                                                                   | 2:30-3:00<br>Snack/Transition                                                                  | 2:15-2:45<br>Snack                                                                             | 2:30-3:00<br>Snack/Transition                                                                  | 2:45-3:15<br>Snack                                                                                           |
| 3:25-4:05<br>Transition/<br><b>Gymnasium</b>                                                   | 3:00-4:00<br><b>Swimming</b> /<br>Transition                                                   | 2:45-3:40<br>Free Play                                                                         | 3:00-4:00<br><b>Swimming</b> /<br>Transition                                                   | 3:15-3:45<br>Music and Movement                                                                              |
| 4:05-4:15<br>Bathroom<br>Wash hands                                                            | 4:00-4:30<br>Open Choice theme<br>activities                                                   | 3:40-4:00<br><b>Lindquist Park</b>                                                             | 4:00-4:30<br>Open Choice theme<br>activities                                                   | 3:45-4:15<br>Open Choice theme<br>activities                                                                 |
| 4:15-5:00<br>Playground<br>Bathroom as Needed                                                  | 4:30-5:00<br>Playground<br>Bathroom as Needed                                                  | 4:00-4:15<br>Bathroom<br>4:15-5:00<br>Playground                                               | 4:30-5:00<br>Playground<br>Bathroom as Needed                                                  | 4:15-5:00<br>Playground<br>Bathroom as Needed                                                                |
| 5:00-5:15<br>Bathroom<br>5:15-6:00<br>Free play (Rm 1)                                         | 5:00-5:15<br>Bathroom<br>5:15-6:00<br>Free play (Rm 1)                                         | 5:00-5:15<br>Bathroom<br>5:15-6:00<br>Free play (Rm 1)                                         | 5:00-5:15<br>Bathroom<br>5:15-6:00<br>Free play (Rm 1)                                         | 5:00-5:15<br>Bathroom<br>5:15-6:00<br>Free play (Rm 1)                                                       |

**Subject to change due to weather conditions and the needs of the children**

**Arrival time should be no later than 9:00am, to ensure participation in activities.**

**The Y: We're for youth development, healthy living and social responsibility.**

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**8/22/2019**