

## YMCA Swim Attire Guidelines

The Y is a place where all people of all walks of life can learn to love to swim, wearing a spectrum of colors, fabrics, and accessories. Below are pool guidelines to keep all swimmers safe and keep our pools healthy.

### Appropriate Swim Attire



Standard Bikini's

Bathing Suits

Modest Swimwear



Swim Briefs/Jammers

Swim Trunks

Swim Diapers

### Inappropriate Swim Attire



G-Strings/Thongs

Bra's/Lingerie



Boxers/Underwear

Jean Cutoffs/Denim Skirts

### Swimwear must be clean and designated for pool use

- The YMCA does not allow swimmers of any age to enter the pool in street clothes.
- Swimmers must bring a change of clothes specifically designated for pool use.
- Swimsuits must not be transparent.
- Any unsafe, inappropriately distracting, immodest, or sexually revealing attire is not permitted in the pool.

### All swimmers must take a shower before entering the water

- Taking a cleansing shower before entering the water helps to keep dirt and germs out of the water.
- Hair products and skincare products such as lotions, cologne and makeup will cause chemical imbalances in the pool.

**Disclaimer:** The YMCA reserves the right to prohibit any swimsuit deemed unsafe, immodest, inappropriately distracting, or sexually revealing.