



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Stages 1 through 6 are offered Tuesday and Thursday Evenings.

Kids gain a tremendous sense of self-confidence when they learn to swim and improve aquatic skills. While having fun in the water kids learn basic strokes, pool safety, water sports and games in a friendly environment with peers.

<p>Is your child comfortable working with an instructor without a parent in the water?</p> <p>1</p>	<p>Will your child voluntarily go underwater?</p> <p>2</p>	<p>Can your child float independently on their back and belly?</p> <p>3</p>	<p>Can your child swim a distance of 10-15 yards on their back and belly?</p> <p>4</p>	<p>Can your child swim 15 yards of front and back crawl?</p> <p>5</p>	<p>Can your child swim front crawl, back crawl, and breaststroke the length of the pool?</p> <p>6</p>
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Tuesday Thursday Lessons	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6
Session 1 (January 7-30)		5:10p-5:40p or 6:00p-6:30p			5:10p-5:55p or 6:00p-6:45p	5:00p-6:00p or 6:00p-7:00p
Session 2 (February 4-27)						
Session 3* (March 3-26) <small>NO CLASS March 10 & 12 (Spring Break)</small>		5:10p-5:40p or 5:50p-6:20p or 6:30p-7:00p				
Session 4 (Mar 31-Apr 23)						
Session 5 April 28-May 21						

*Price prorated for shorter session

Cost for Stages 1-5:
Members: \$40 Community: \$80

Cost for Stage 6:
Members: \$45 Community: \$85

Priority Registration for members begins on the 10th of the month prior. Community registration begins on the 15th for all levels of swim lessons.

A typical swim lesson session is designed to be 8 classes long. Occasionally our schedule does not accommodate this and we prorate sessions shorter than 8 classes due to pool use constraints.

You must register for each session separately.

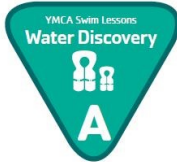
The James Family Prescott YMCA does not offer make up classes due to personal absences. We do not allow children to attend a different class time than they have been registered for to ensure the instructor to participant ratio.



FUN WITH A SPLASH OF CONFIDENCE

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SWIM LESSONS FOR ALL January–May 2020



ADULT SWIM LESSONS



Swim Starters Lessons (Stages A and B) are offered on Saturday Mornings.

Sometimes referred to as Parent-Tot or Parent-Child, these classes are designed for students ages 6–36 months to be accompanied by a parent while they are introduced to the water and begin to learn fundamentals of aquatic skills. A typical Swim Starters session is 4 classes long, shorter sessions are prorated.

Members: \$25 Community: \$50

Adult Swim Lessons are offered Saturday Mornings.

These are group style lessons designed for adults of all ability levels. The instructor will spend time helping you accomplish your goals, be it stroke refinement or overcoming fear. A typical Adult Swim Session is 4 classes, shorter sessions are prorated.

Members: \$30 Community: \$60

Saturday Lessons	Stage A	Stage B	Adult
Session 1 (January 4–25)	9:00a–9:30a	9:30a–10:00a	9:00a–9:45a
Session 2 (February 1–22)			
Session 3 (February 29–March 21)			
Session 4* (April 4–25) NO CLASS April 11	9:00a–9:30a or 9:30a–10:00a	10:00a–10:30a or 10:30a–11:00a	
Session 5 (May 2–23)			

SWIM LESSONS PRIVATE/SEMI-PRIVATE



Private or Semi-Private Swim Lessons are scheduled with an instructor at a time that works for you!

One-on-one lessons help students reach personal goals at their own pace. Students are matched with an instructor based on their skill level and days/times requested.

See Lesson Request Form for additional info and pricing.



Don't know which level is best for your child?
Come to a **FREE** swim skills assessment!
Saturday Mornings after Stage B.