

16th ANNUAL
Girls & Sports Day



CELEBRATING 16 YEARS OF EMPOWERING GIRLS TO MAKE POSITIVE CHOICES AND LIVE HEALTHY LIVES

SATURDAY, SEPTEMBER 23, 2017

1:00 pm to 7:30 pm

James Family Prescott YMCA • 750 Whipple Street • Prescott

Open To All Girls 7-14 Years Old

Ages 7-9: Gymnastics, Gaga Ball, Dance
Ages 10-11: Volleyball, Yoga, Obstacle Course
Ages 12-14: Group Cycle, Color Guard, Zumba

** Sports stations subject to change*



Special Guest **Chloe Woodruff**



Chloe Woodruff has always loved riding her bike. Growing up in Boulder, Colorado, there were plenty of opportunities to do so—but Chloe didn't fall head-over-wheels with mountain biking until she found herself riding in the desert of Moab, Utah, on a middle school class trip. Chloe dedicated herself to the sport in college. Balancing full-time racing and working toward her Bachelor's degree in health education, she secured three collegiate D1 cross-country national championships with the University of Arizona Cycling Team. **In 2016, she raced the women's cross-country cycling event in the Rio Olympics.** Chloe's love of racing and riding has only grown, thanks to her husband and coach, Travis (TJ) Woodruff. Now, she's happily riding trails in the mountains of Prescott, Arizona, with TJ and dog Maja. You're sure to find Chloe at Prescott's Whiskey Off-Road, exploring new trails, getting lost, playing in the dirt—and encouraging others to do the same!!



See Reverse Side For Registration Information