



**16th Annual
Girls & Sports Day
September 23, 2017
1:00-7:30pm**

**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Frequently Asked Questions (FAQs)

Who puts on this event?

North Star Youth Partnership and James Family Prescott YMCA partner in organizing this event

Is there a Special Guest this year?

Yes. Chloe Woodruff, Olympic mountain biker will be our special guest.

What are the ages to participate?

7-14

Are they broken up into age groups?

Yes, 7-9, 10-11, 12-14

What sports do each age group participate in?

7-9 Gymnastics, Beach Ball, Dance
10-11 Volleyball, Yoga, Obstacle Course
12-14 Group Cycle, Color Guard, Zumba
Sports stations are subject to change

What is the cost?

\$15.00 per girl

Can we register the day of the event?

Yes. Parents may register their daughter 12:30-1:30pm at the YMCA. However, please give yourself ample time to complete your registration form and pay at the membership desk. Opening ceremonies begins at 1:30pm.

What time is check-in?

Check-in is from 12:30-1:30

Parents need to provide emergency name and contact information for the day and tell us who will be picking child up

Where do we drop the girls off?

At the Prescott YMCA

In the grassy area in front of the main building

Girls need to be signed in, a group number assigned, given a name tag and then escorted in to the basketball gymnasium

Does a parent need to bring the girl?

No, friends or family may bring them if they are pre-registered.

We will need to know who will be picking up your child at time of drop-off

If my daughter can't get to registration on time, can she still participate?

Yes, come to the membership desk and we will get her checked in and escort her to her group.

Can my daughter be in a group with a friend?

Yes, please check-in together at registration

What time do we pick up our child?

7:30 in the basketball gymnasium.

Can a parent pick up their daughter before the end of the event?

Yes. You will need to sign them out with the group leader

Can we change the age group we have registered for?

Yes. You may do so when you sign your daughter in.

If she can't participate, can I get a refund transfer it to another girl or save my registration for next year?

No. Refunds, transfers and credits are not available.

Are volunteers needed for the event?

Yes. Volunteers must be 15 years and older. Girls under 15 participate in the event.

What time are volunteers needed?

12:00 – 7:30pm

What time is volunteer check-in?

Check-in is at 12:00pm.

How do you keep track of the girls?

Each group has one or more group leaders and they take attendance at each rotation.

What should the girls wear and bring?

Comfortable clothes, athletic shoes and sunscreen. Bring a refillable water bottle.

No flip-flops, sandals, skirts, etc.

What should girls leave at home?

Ipods or electronic devices, any valuable items.

Cell phones must be silenced during the day.

Girls & Sports Day staff, volunteers and participating organizations are not responsible for lost or stolen items

Does the event still happen in rain?

Yes. Even in inclement weather, we will host the event. Sports stations will be moved indoors.

Keep track of the weather and if it looks like rain, bring a rain coat. Even though stations are moved indoors, girls will be walking around the Y campus

Does the Y provide sunscreen for the girls?

No. Please sunscreen before attending and if sensitive, bring extra to reapply.

Staff and volunteers are not permitted to put sunscreen on the participants. If girls need help applying sunscreen, they can ask a friend to help.

Where are the sports held?

On YMCA property, outside and inside

Will there be a schedule to follow?

Yes, we will have a schedule of activities at registration.

Do you have first aid available?

Yes, first aid kits are located in each area of the Y.

Do parents need to stay?

No, unless the girl has special medical needs then they must be accompanied by a parent at all times.

Is lunch provided?

No, eat a hearty lunch before attending

Is dinner provided?

Yes, dinner is provided to the girls, volunteers, sports leaders and committee. Thank you to our local sponsors: Pizza from Papa Johns and salads from Panera Bread.

Is there swimming at the end of the event?

No, however, there is a YMCA guest pass in your backpack to come swimming another time.

Do the girls receive a backpack?

Yes, they will receive a backpack filled with goodies at the end of the day.
Parents, please check items first in case of allergies

Do you take photographs?

Yes, photos will be taken throughout the day and posted on YMCA and North Star Youth Partnership Facebook pages

2018 Date

September 22, 2018

Who contributes to this event?

North Star Youth Partnership

James Family Prescott YMCA

Orthopaedic Specialists

Yavapai Regional Medical Center

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