

# MARCH SCHEDULE (SEE SIDE BAR FOR CLOSURES)

**GYMNASIUM\* SPECIAL THANKS TO Foothills Bank. MAJOR SPONSOR OF OUR 2017 YBL\***

**Open Gym:** Shoot Hoops, Walk, Jog, Stretch, etc. (no side or half court games)

**Adult Basketball:** Adult full or half court games.

**Pickleball:** This game is for 2-4 players and uses a net and paddles (similar to tennis).

**Preschool/Afterschool:** Scheduled exercise and activity time for our YMCA Child Care Programs.

**Boot Camp & Mommy N Me:** Fitness classes (for more details see monthly fitness schedule)

**GYM CLOSURES:**

**\*\*March 4th\*\***

GYM CLOSED  
7am-4pm  
YBL Games

**\*\*March 6th\*\***

GYM CLOSED  
4:30pm-9:30pm  
YBL Championship Games

**\*\*March 8th\*\***

GYM CLOSED  
4:30pm-9:30pm  
YBL Championship Games

**\*\*March 9th\*\***

GYM CLOSED  
3:30pm-6:00pm  
Youth Volleyball League Tryouts

**\*\*March 31st\*\***

GYM CLOSED  
4:30pm-6:00pm  
Youth Volleyball Opening Ceremonies

**\*\*March 31st\*\***

1/2 GYM CLOSED  
6:00pm-9:30pm  
Youth Volleyball League Games

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5:00-7:00 Adult Basketball	5:00-7:30 Adult Basketball	5:00-7:00 Adult Basketball	5:00-7:30 Adult Basketball	5:00-7:00 Adult Basketball	6:00-7:30 1/2 Adult Basketball 1/2 Open Gym
9:00-9:30 1/2 Open Gym 1/2 Pick Up Games	7:00-10:00 Pickleball	7:30-9:30 Pickleball	7:00-10:00 Pickleball  9:30-10:30 Pickleball Lessons (2 <sup>nd</sup> Wed of each month)	7:30-9:30 Pickleball	7:00-8:30 Pickleball (games & lessons)  8:45-10:00 <b>BOOT CAMP</b>	7:30-3:00 1/2 Open Gym (games & lessons) 1/2 Pick Up Games
9:30-10:15 1/2 Open Gym 1/2 <b>Sunday Slam</b>	10:00-10:50 1/2 Open Gym 1/2 Pickleball	9:30-10:30 1/2 Mommy/Me 1/2 Pickleball	10:00-10:50 1/2 Open Gym 1/2 Pickleball	9:30-10:30 1/2 Mommy/Me 1/2 Pickleball	10:00-11:00 1/2 Open Gym 1/2 Pick Up Games	3:00-6:00 1/2 Open Gym 1/2 Pickup Games
10:15-11:00 1/2 Open Gym 1/2 Pick Up Games	11:00-12:00 <i>Stretch N Flex Fitness Class</i>	10:30-1:00 1/2 Open Gym 1/2 Pick up games	11:00-12:00 <i>Stretch N Flex Fitness Class</i>	10:30-12:00 1/2 Open Gym 1/2 PickUp Gms	11:00-12:00 <i>Stretch N Flex Fitness Class</i>	6:00-8:00 1/2 Open Gym 1/2 Pick Up Games.
11:00-1:00 1/2 Adult Basketball 1/2 open gym	12:00-2:15 1/2 Open Gym 1/2 Pick Up Games	1:00-2:30 1/2 Open Gym 1/2 Pick Up Games	12:00-2:30 1/2 Open Gym 1/2 Pick Up Games	12:00-2:30 1/2 Open Gym 1/2 Pick Up Games	12:00-2:00 <b>Adult Basketball</b>	*PLEASE CHECK SIDE BAR FOR GYM CLOSURES.
1:00-2:00 1/2 Open Gym 1/2 Pickup Games	2:15-4:00 1/2 Open Gym <b>1/2 Afterschool &amp; Childcare Activities</b>	2:30-4:00 1/2 Open Gym 1/2 Pickup Games	2:30-4:00 1/2 Open Gym 1/2 Pickup Games	2:30-4:00 1/2 Open Gym 1/2 Pickup Games	2:00-4:00 1/2 Open Gym 1/2 Pickup Games	Lessons for <b>Beginner</b> Pickleball Players on 2 <sup>nd</sup> Wed of each month 9:30-10:30am
2:00-3:00 1/2 Open Gym <b>1/2 Ladies Hoops</b>	4:00-6:00 1/2 Open Gym <b>1/2 Youth Vball practice</b>	4:00-7:00 <b>Youth Volleyball Practices</b>	4:00-6:00 <b>Youth Vball Practice</b>	4:00-6:00 <b>Youth Vball Practice</b>	4:00-6:00 1/2 Open Gym 1/2 Pick up games	Preregistration Required for pickleball lessons-by preceding Mon
3:00-5:00 1/2 Open Gym 1/2 Pickup Gms	6:00-10:00 <b>City League Volleyball</b>	7:00-8:00 1/2 Open Gym 1/2 Yth Vball Practice	6:00-10:00 <b>City League Volleyball</b>	6:00-10:00 <b>City League Volleyball</b>	6:00-7:00 1/2 Open Gym 1/2 Pickup Games	Lessons for <b>Developing</b> Pickleball Players every Friday 7-8:30am
5:00-6:00 1/2 Open Gym 1/2 PickUp Games	10:00-11:00 1/2 Open Gym 1/2 Pickup Games	8:00-11:00 1/2 Open Gym 1/2 Pickup Games	10:00-11:00 1/2 Open Gym 1/2 Pickup Games	10:00-11:00 1/2 Open Gym 1/2 Pickup Games	7:00-11:00 1/2 Open Gym 1/2 Pickup games	Preregistration Required for pickleball lessons-by precedingWed

