

APRIL SCHEDULE (SEE SIDE BAR FOR CLOSURES)

GYMNASIUM* SPECIAL THANKS TO Foothills Bank. MAJOR SPONSOR OF OUR 2017 YVL*

Open Gym: Shoot Hoops, Walk, Jog, Stretch, etc. (no side or half court games)
Adult Basketball: Adult full or half court games.
Pickleball: This game is for 2-4 players and uses a net and paddles (similar to tennis).
Preschool/Afterschool: Scheduled exercise and activity time for our YMCA Child Care Programs.
Boot Camp & Mommy N Me: Fitness classes (for more details see monthly fitness schedule)
GYM CLOSURES:
****April 1st****
 GYM CLOSED
 8am-1:30pm
 Youth Volleyball Games
****April 8th****
 GYM CLOSED
 8:00am-2:30pm
 Youth Volleyball Games
****April 14th****
 1/2 GYM CLOSED
 4:30pm-9:30pm
 Youth Volleyball Games
****April 15th****
 1/2 GYM CLOSED
 8:00am-4:30pm
 Youth Volleyball Games
****April 16th****
 YMCA CLOSED
 EASTER
****April 21st****
 GYM CLOSED
 4:30pm-9:30pm
 Youth Volleyball Games
****April 22nd****
 1/2 GYM CLOSED
 8:00am-3:30pm
 Youth Volleyball Games
****April 28th****
 1/2 GYM CLOSED
 4:30pm-8:30pm
 Youth Volleyball Games
****April 29th****
 1/2 GYM CLOSED
 8:00am-4:30pm
 Youth Volleyball Games

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5:00-7:00 Adult Basketball	5:00-7:30 Adult Basketball	5:00-7:00 Adult Basketball	5:00-7:30 Adult Basketball	5:00-7:00 Adult Basketball	6:00-8:00 1/2 Adult Basketball 1/2 Open Gym
9:00-9:30 1/2 Open Gym 1/2 Pick Up Games	7:00-10:00 Pickleball	7:30-9:30 Pickleball	7:00-10:00 Pickleball 9:30-10:30 Pickleball Lessons (2 nd Wed of each month)	7:30-9:30 Pickleball	7:00-8:30 Pickleball (games & lessons) 8:45-10:00 BOOT CAMP	8:00-4:00 Youth Volleyball League Games (Check Side Bar-Not to 4pm ev.Sat)
9:30-10:15 1/2 Open Gym 1/2 Sunday Slam	10:00-10:50 1/2 Open Gym 1/2 Pickleball	9:30-10:30 1/2 Mommy/Me 1/2 Pickleball	10:00-10:50 1/2 Open Gym 1/2 Pickleball	9:30-10:30 1/2 Mommy/Me 1/2 Pickleball	10:00-11:00 1/2 Open Gym 1/2 Pick Up Games	4:00-6:00 1/2 Open Gym 1/2 Pickup Games
10:15-11:00 1/2 Open Gym 1/2 Pick Up Games	11:00-12:00 <i>Stretch N Flex Fitness Class</i>	10:30-1:00 1/2 Open Gym 1/2 Pick up games	11:00-12:00 <i>Stretch N Flex Fitness Class</i>	10:30-12:00 1/2 Open Gym 1/2 Pickup Gms	11:00-12:00 <i>Stretch N Flex Fitness Class</i>	6:00-8:00 1/2 Open Gym 1/2 Pick Up Games.
11:00-1:00 1/2 Adult Basketball 1/2 open gym	12:00-2:15 1/2 Open Gym 1/2 Pick Up Games	1:00-2:30 1/2 Open Gym 1/2 Pick Up Games	12:00-4:00 1/2 Open Gym 1/2 Pick Up Games	12:00-2:30 1/2 Open Gym 1/2 Pick Up Games	12:00-2:00 Adult Basketball	*PLEASE CHECK SIDE BAR FOR GYM CLOSURES.
1:00-2:00 1/2 Open Gym 1/2 Pickup Games	2:15-4:00 1/2 Open Gym 1/2 Afterschool & Childcare Activities	2:30-4:00 1/2 Open Gym 1/2 Pickup Games	4:00-5:00 1/2 Open Gym 1/2 Yth Volleyball Practice	2:30-4:00 1/2 Open Gym 1/2 Pickup Games	2:00-4:30 1/2 Open Gym 1/2 Pickup Games	Lessons for Beginner Pickleball Players on 2 nd Wed of each month 9:30-10:30am
2:00-3:00 1/2 Open Gym 1/2 Ladies Hoops	4:00-6:00 1/2 Open Gym 1/2 Youth Volleyball practice	4:00-7:00 Youth Volleyball Practices	5:00-6:00 Youth Vball Practice	4:00-6:00 Youth Vball Practice	4:30-9:30 1/2 Open Gym 1/2 Yth Vball Games	Preregistration Required for pickleball lessons-by preceding Mon
3:00-5:00 1/2 Open Gym 1/2 Pickup Gms	6:00-10:00 City League Volleyball	7:00-8:00 1/2 Open Gym 1/2 Youth Volleyball Practice	6:00-10:00 City League Volleyball	6:00-10:00 City League Volleyball	9:30-10:00 1/2 Open Gym 1/2 Pickup Games	Lessons for Developing Pickleball Players every Friday 7-8:30am
5:00-6:00 1/2 Open Gym 1/2 Pickup Games	10:00-11:00 1/2 Open Gym 1/2 Pickup Games	8:00-11:00 1/2 Open Gym 1/2 Pickup Games	10:00-11:00 1/2 Open Gym 1/2 Pickup Games	10:00-11:00 1/2 Open Gym 1/2 Pickup Games	10:00-11:00 1/2 Open Gym 1/2 Pickup games	Preregistration Required for pickleball lessons-by precedingWed

