FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

# INVESTING IN OUR COMMUNITY 2016

**The James Family Prescott YMCA** is a leading non-profit partner throughout the county. The Y has the track record and on-the-ground presence to move communities forward, just as we have done for 42 years in the Prescott community. As a charity, we work every day to address community needs and ensure that all are welcome and that no one is turned away for the inability to pay.

## Opportunities For All
## Everyone is Welcome

### CHILDREN & TEENS (1-17)

The Y provides a wide range of activities to **nurture potential** in a safe & stimulating environment. We **give support in navigating challenges** in order to develop the ability **to be a positive force in the community**.

### LOW INCOME FAMILIES

Your Y provides support to families through financial assistance. **We work to make sure every child, family and community members has what they need to achieve their best**. To bring about meaningful change, individuals need ongoing encouragement and tools.

### SENIORS (65+)

The Y is a place where you can work toward that balance by **challenging yourself to learn a new skill or fostering connections with friends**. It's not about the activity you choose as much as it is about the benefits of living healthier on the inside as well as the outside.

### VOLUNTEERS

Volunteers take an active role in **bringing about meaningful, enduring change** right in your own neighborhood.

## 2016 Y FACTS

There is no other non-profit quite like the Y. That's because in 10,000 neighborhoods across the nation, we have the presence and partnerships to not just promise, but to deliver, lasting personal and social change.

**27,056**
Community Lives Touched

**$156,252**
Direct Financial Assistance

**$201,678**
Financial Subsidies

**$336,817**
(10% of total revenue)
Contributed Income from the Community

**James Family Prescott YMCA**
750 Whipple St
Prescott, AZ 86301
928-445-7221
prescottymca.org

# INVESTING IN OUR KIDS, HEALTH AND OUR NEIGHBORS

At the Y, strengthening community is our cause. Strong communities don't just happen; they're the result of steady leadership and stewardship of strong values. That's the Y. We make a difference by focusing on three key areas: youth development, healthy living and social responsibility. By investing in our kids, our health and our neighbors, the James Family Prescott YMCA ensures that everyone, regardless of age, income or background, has the opportunity to thrive.

## YOUTH DEVELOPMENT

### NURTURING THE POTENTIAL OF EVERY CHILD AND TEEN

Summer day camp, **child care**, **swim lessons**, sports leagues, gymnastics, **Girls & Sports Day**, group fitness classes and **safe high school graduation.**

**3,524**
**Kids & Teens Served**

**31%**
**Membership**

**8,346**
**Children in safe and enriching YMCA Youth Programs.**

**2,088**
**Children who gained valuable water safety skills through Y swim classes.**

## HEALTHY LIVING

### IMPROVING THE NATION'S HEALTH AND WELL-BEING

**Pickleball**, group exercise classes, **wellness coaching**, social activities, **Diabetes Prevention Program**, sports and **volunteers**.

**3,286**
**Seniors**

**32%**
**Membership**

**110**
**Hours of Group Fitness classes offered every week.**

**1,632**
**Runners and walkers who were "Tough Enough" for the 2015 Whiskey Row Marathon.**

## SOCIAL RESPONSIBILITY

### GIVING BACK AND PROVIDING SUPPORT TO OUR NEIGHBORS

Nutrition advice, special events, **community garden**, wellness talks, and **financial assistance** programs.

**4,826**
**Individuals who received financial assistance and membership & program subsidies.**

**2,000+**
**Pounds of food donated to the community from the Community Garden.**