



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYMNASTICS

JUNE - JULY 2017



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:30 AM	Tot 2 Girls Novice Girls Rec Beg Boys Rec Beg					
9:00 AM						Tot 1 Tot 3
9:15 AM	Tot 1 Tot 2 Tot 3				Tot 2 Tot 3	
10:00 AM	Tot 1 Tot 3	Tot 1	Tot 1	Hot Tots Tot 3	Tot 2 Tot 3	Tot 1 Tot 2 Girls Rec Beg
10:45 AM		Tot 2		Tiny Tots		
						OPEN GYM (Saturdays) 11:00am- 12:30am
3:30 PM	Prep 3 / Girls Pre-Team / Boys Girls Hotshot Beg Tot 3 Girls Rec Beg Girls Rec Int Boys Rec Int / Adv	Prep 3 / Girls Girls Hotshot Int Girls Novice Girls Rec Int Boys Novice	Girls Hotshot Beg Girls Novice Girls Rec Beg Boys Rec Beg Boys Rec Int / Adv	Prep 3/ Girls Pre-Team / Boys Tot 2 Girls Hotshot Int Girls Novice Girls Rec Int Boys Rec Beg	Prep 3 / Girls Girls Novice Girls Rec Beg Girls Rec Int	BIRTHDAY PARTIES (Saturdays) 1:30 – 3:30 4:00 – 6:00
4:30 PM	Prep 2 / Girls Girls Rec Beg Girls Rec Int	Girls Rec Beg Girls Rec Int Girls Rec Adv Boys Rec Beg	Prep 2 / Girls Girls Novice Girls Rec Beg Girls Rec Int Boys Rec Beg Tumble 4:00-5:00	Tot 3 Girls Novice Girls Rec Beg Girls Rec Adv Boys Novice	Girls Novice Girls Rec Beg Girls Rec Int Girls Rec Adv Boys Novice	
TEAM 2	3:30 – 5:30		3:30 – 5:30	3:30 – 5:30		TEAM RUN
TEAM 3	10:00 – 3:00		10:00 – 3:00		10:00 – 3:00	Mon & Wed 9:00am
TEAM 4	8:00 – Noon	7:00 – Noon	8:00 – Noon	8:00 – Noon		TEAM SWIM
TEAM 5	8:00 – Noon	7:00 – Noon	8:00 – Noon	8:00 – Noon		Fri
TEAM 6-9	10:30 – 3:00	10:30 – 3:00		10:30 – 3:00	10:30 – 3:00	9:00am
Xcel Team		10:30 – 3:00	10:30 – 3:00		10:30 – 3:00	TEAM DANCE
Boys Team	4:30 – 8:00		4:30 – 8:00	4:30 – 8:00		Beg: Mon Noon
						Int: Tues 7-8am
						Adv: Thur Noon