



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYMNASTICS

NOVEMBER

2017



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:30 AM	Tot 2 Girls Rec Beg Boys Rec Beg					
9:00 AM		Hot Tots				Tot 1 Tot 3
9:15 AM	Tot 1 Tot 2 Tot 3				Tot 2 Tot 3	
10:00 AM	Tot 1 Tot 3	Tot 1	Tot 1	Tot 3	Tot 2 Tot 3	Tot 2 Girls Rec Beg
10:45 AM		Tot 2				
						OPEN GYM (Saturdays) 11:00am- 12:30am
3:30 PM	Prep 3 / Girls Girls Hotshot Beg Tot 3 Girls Rec Beg Girls Rec Int	Prep 3 / Girls Girls Hotshot Int Girls Novice Girls Rec Int Boys Novice	Girls Hotshot Beg Girls Novice Girls Rec Beg Boys Rec Beg Boys Rec Int / Adv Tumble Class	Prep 3/ Girls Tot 2 Girls Hotshot Int Girls Rec Int Boys Rec Beg	Prep 3 / Girls Girls Novice Girls Rec Beg Girls Rec Int	BIRTHDAY PARTIES (Saturdays) 1:30 – 3:30 4:00 – 6:00
4:30 PM	Prep 2 / Girls Girls Rec Beg Girls Rec Int Boys Rec Int / Adv	Girls Rec Beg Girls Rec Int Girls Rec Adv Boys Rec Beg	Prep 2 / Girls Girls Novice Girls Rec Beg Girls Rec Int Boys Rec Beg Tumble Class	Tot 3 Girls Novice Girls Rec Beg Girls Rec Adv Boys Novice	Girls Novice Girls Rec Beg Girls Rec Int Girls Rec Adv	
TEAM 2	3:30 – 5:30		3:30 – 5:30	3:30 – 5:30		
TEAM 3	3:30 – 8:00		3:30 – 7:00		3:30 – 8:00	
TEAM 4	3:30 – 7:00	3:30 – 5:30	3:30 – 7:00	3:30 – 7:00		
TEAM 5	3:30 – 7:00	3:30 – 7:00	3:30 – 7:00	3:30 – 7:00		
TEAM 6-9	4:00 – 8:00	4:00 – 8:00		4:00 – 8:00	4:00 – 8:00	
Xcel Team		4:00 – 8:00	4:00 – 7:00		3:30 – 7:00	
Boys Team	4:30 – 8:00		4:30 – 8:00	4:30 – 8:00		
						Updated 10/31/17