



James Family Prescott YMCA Dance (Studio G)

2017: June 12-16, 19-23, 26-30

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

	Monday	Tuesday	Wednesday	Thursday	Friday
Times/Levels					
9:00-10:30 Intermediate Ballet	Ballet Technique/ Conditioning	Ballet Technique/ Pointe/Pre-Pointe	Ballet Technique/ Conditioning	Ballet Technique/ Pointe/Pre-Pointe	Ballet Technique/ Variations
10:30-12:00 Advanced Ballet	Ballet Technique/ Conditioning	Ballet Technique/ Pointe	Ballet Technique/ Conditioning	Ballet Technique/ Pointe	Ballet Technique/ Variations
12:30-1:30 Class Sampler Ages 5-7	Pre-Ballet	Fit-Ball	Pre-Ballet	Fit-Ball	Fit-Ball
1:30-2:30 Class Sampler Ages 8+	Beginning Ballet/ Conditioning	Fit-Ball	Rhythmic Gymnastics	Fit-Ball	Rhythmic Gymnastics
2:30-3:30 Creative Dance Ages 3-4	Interpreting Stories with prop and dance	Interpreting Stories with prop and dance	Interpreting Stories with prop and dance	Interpreting Stories with prop and dance	Interpreting Stories with prop and dance

Fees Per Week:

1.5 Hour daily

Members \$65

Community \$80

1.0 Hour daily

Members \$35

Community \$50

2017: July 10-14, 17-21, 24-28

	Monday	Tuesday	Wednesday	Thursday	Friday
Times/Levels					
9:00-10:00 Class Sampler Ages 5-7	Pre-Ballet	Fit-Ball	Pre-Ballet	Fit-Ball	Fit-Ball
10:00-11:00 Class Sampler Ages 8+	Beginning Ballet/ Conditioning	Fit-Ball	Rhythmic Gymnastics	Fit-Ball	Rhythmic Gymnastics
11:00-12:00 Creative Dance Ages 3-4	Interpreting Stories with prop and dance	Interpreting Stories with prop and dance	Interpreting Stories with prop and dance	Interpreting Stories with prop and dance	Interpreting Stories with prop and dance
12:30-1:30 Class Sampler Ages 5-7	Pre-Ballet	Fit-Ball	Pre-Ballet	Fit-Ball	Fit-Ball
1:30-2:30 Class Sampler Ages 8+	Beginning Ballet/ Conditioning	Fit-Ball	Rhythmic Gymnastics	Fit-Ball	Rhythmic Gymnastics

