

# James Family Prescott YMCA Position Description



Position Title: Lifeguard I  
Reports To: Aquatics Director  
Department: Aquatics

**POSITION SUMMARY:** Maintains safe swimming conditions in the pool, deck, and surrounding areas. Creates a safe and positive atmosphere that promotes member safety and engagement in accordance with YMCA policies and procedures.

## **QUALIFICATIONS:**

1. Minimum age of 16.
2. Certifications Required: CPR for the Professional Rescuer, AED, and Basic First Aid.
3. Current YMCA Lifeguard, American Red Cross Lifeguard or equivalent certification.
4. Ability to maintain certification-level of physical and mental readiness.
5. Must demonstrate lifeguard skills in accordance with YMCA or American Red Cross standard.
6. Within 90 days of hire, completion of: Child Abuse Prevention; New Staff Orientation.
7. Certifications Preferred: Administering Emergency Oxygen

## **Principle Activities:**

1. Maintains active surveillance of the pool area
2. Knows/ reviews all emergency procedures and responds to emergency situations immediately in accordance with YMCA policies, procedures, and the "safe-in-six" model. Complete related reports as required.
3. Maintains effective, positive relationships with members, participants, and other staff.
4. Knows, understand, and consistently applies safety rules, policies, and guidelines for the pool aquatics area. Maintains accurate records as required by the YMCA and/or state Health Department code.
5. Performs equipment checks and ensure appropriate equipment is available as needed.
6. Performs chemical testing when not guarding, as required, and takes appropriate action.
7. Performs cleaning tasks as assigned by the Aquatics Director or Lifeguard Supervisor as required or needed.
8. Attends all staff meetings and in-service training.

## **YMCA COMPETENCIES (Leader):**

*Mission Advancement:* Accepts and demonstrates the Ys values. Demonstrates a desire to serve others and fulfill community needs. Recruits volunteers and builds effective, supportive working relationships with them. Supports fund-raising.

*Collaboration:* Works effectively with people of different backgrounds, abilities, opinions, and perceptions. Builds rapport and relates well to others. Seeks first to understand the other person's point of view, and remains calm in challenging situations. Listens for

**The Y: We're for youth development, healthy living and social responsibility.**

understanding and meaning; speaks and writes effectively. Takes initiative to assist in developing others.

Operational Effectiveness: Makes sound judgments, and transfers learning from one situation to another. Embraces new approaches and discovers ideas to create a better member experience. Establishes goals, clarifies tasks, plans work and actively participates in meetings. Follows budgeting policies and procedures, and reports all financial irregularities immediately. Strives to meet or exceed goals and deliver a high-value experience for members.

Personal Growth: Pursues self-development that enhances job performance. Demonstrates an openness to change, and seek opportunities in the change process. Accurately assesses personal feeling, strengths and limitations and how they impact relationships. Has the functional and technical knowledge and skills required to perform well; uses best practices and demonstrates up-to-date knowledge and skills in technology.

**PHYSICAL DEMANDS:**

1. Hear noises and distress signals in the aquatic environment, including in the water and anywhere around the zone of responsibility. Remain alert with no lapses of consciousness.
2. Meet strength and lifting requirements: Must be able to lift and/or move up to 50 pounds.
3. See and observe all sections of an assigned zone or area of responsibility.

---

Employee Name (Print)

---

Employee Signature

---

Date

Supervisor Name: Kelly Winkels

---

Supervisor (Signature)

---

Date

Updated 11/12/15

**The Y: We're for youth development, healthy living and social responsibility.**

**Prescott YMCA    750 Whipple St.    Prescott, AZ 86301    928-445-7221**  
**www.prescottymca.org**